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ABSTRACT

Avivah, Nurul R. 2011. *Teenage self-harm of the main character in the novel Quiet Desperation*. Final Project, English Department, Faculty of Languages and Arts. Semarang State University. First advisor: Bambang Purwanto, S.S., M.Hum Second advisor: Drs. Amir Sisbiyanto, M. Hum

Keywords: Self-Harm, Teenage, Main Character

This final project is about teenage self-harm of the main character reflected in the novel *Quiet Desperation*. The aim of this study is to find out the description of self-harm which is described by the main character, to show self-harm which is described in the novel. The object of this study is a novel entitled *Quiet Desperation*. The method of this study is divided into five categories they are reading the novel, selecting the chapter to be analyzed, searching the related material of novel, finding out the problem of the novel, analyzing the data using the descriptive qualitative method. The data collections were appendices. Appendix 1 is the synopsis of the novel. Appendix 2 is the data of the study. The result of the study is: self-harm is a serious public health problem, a wide range of things that people do to themselves in deliberate and usually hidden way, which are damaging. Self-harm usually starts during puberty or adolescence. They learn to cope emotions in different ways. If they can't deal with these emotional pains, it can lead into depression. Depression as the one of causes adolescent does self-harm. Adolescent thought that when they cut their self, they can release all of the pains and feel better. From the data analysis, the writer concludes that: 1) there are three psychological aspects in the novel 2) there is a clear description about the existence of self-harm in this novel and the character reflected in this novel is Adrienne Zynish, the main character, 2) The symptoms of self-harm found in the novel is cutting and eating disorder. The causes of self-harm identified in the novel is depression, conflict with peers, and previous assault that has not been resolved. Finally, this study is expected to be useful for the readers. Moreover, it is hoped that we can help self-harmers to save them.

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