



**MULTIPLE PERSONALITY DISORDER AND  
INSOMNIA AS THE REFLECTION OF  
MODERN LIFE PRESSURE AS SEEN IN  
CHUCK PALAHNIUK'S *FIGHT CLUB***

a final project  
submitted in partial fulfillment of the requirements  
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## ABSTRACT

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This final project deals with the effects of the main character's life pressures as seen in Chuck Palahniuk's *Fight Club*.

There are three questions within this research. The first question is what the main character's characteristics are, the second question is what kinds of life pressures experienced by the main character of Chuck Palahniuk's *Fight Club* and the third question is what are the effects of the main character's life pressures. The questions are formulated to find out the main character's characteristics, his life pressures and the effects of the main character's life pressures.

In conducting this study, two basic sources, the primary source and the secondary source are used. The primary source is the novel entitled *Fight Club* written by Chuck Palahniuk and the secondary sources are books on character and characterization theory, books on psychological theories and some sources from internet websites. The psychological approach is used to see the main character's life pressures and also the effects of the main character's life pressures. Theories of character and characterization are used to analyze the main character's characteristics. Theories of psychology are used to analyze the main character's life pressures and the effects of the main character's life pressures.

The result of the first analysis is about the main character's characteristics. He likes to force himself to do things he does not enjoy, has eagerness to reach better life and has high hopes. He is also perfectionist, easily influenced, lavish, weak, stupid, and unsociable.

The second analysis is about the main character's life pressures that are influenced by his characteristics. The first pressure is financial difficulty influenced by lavish, forcing himself, perfectionist and easily influenced characteristics. Second, he experiences daily fatigue influenced by forcing himself and eagerness to reach better life characteristics. Third, he has weak and stupid characteristics. Fourth, he is a victim of consumptive lifestyle because of his easily influenced characteristics. Fifth, he is a victim of exploitation influenced by forcing himself and having desire to reach a better life characteristics. Sixth, he is companionless.

The third analysis is about the effects of the main character's life pressures. First, he suffers from insomnia. He shows the symptoms, like awakening at night and at early in the morning, difficult to asleep and daytime fatigue. Second, he suffers from Multiple Personality Disorder. He has other personality, namely Tyler Durden. They have different behaviors, social relationships, perceptions, associations, characteristics and memories. He also shows the symptoms of Multiple Personality Disorder. He shows anxiety, hysterical, and affective symptoms.