

COLLABORATIVE RESEARCH FINAL REPORT



THE RELATIONSHIP BETWEEN SPORTS STUDENT EXCHANGE EXPERIENCE AND ENGLISH LEARNING MOTIVATION OF UNNES AND UiTM STUDENTS

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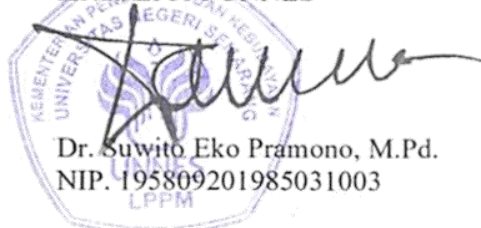


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SUMMARY

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Sports students exchanges has been widely popular in all university due to its benefits for students as well as for institution. For the students, it provides opportunity to embrace with new language and culture, gives social and cultural experiences, getting new understanding of the country they visited, give different learning and teaching style experience, improve basic networking, and the best way to learn foreign language. In the Faculty of Sports Science, UNNES and Faculty of Physical Education and Health, UiTM, most students going abroad all-around Southeast Asia and other countries mostly in Asia. This study portrays the condition of UNNES Sports Science students' self-confidence who conducted an international sports students' community service program in UiTM Malaysia, following four categories, namely (1) believing in its ability, (2) Acting independently, (3) Having a positive sense of self, and (4) Being of optimistic. It is interesting to portray their profile due to from hundreds of students in the sports science department; only eleven of them dare enough to challenge themselves to go abroad for a brand-new program of international community service. It is a descriptive quantitative research design using a set of questionnaires. The result showed that students have a very high self-confidence for their level of believing in their own ability and having a positive attitude of themselves. In addition, they have a high level of self-confidence for their independence and optimism. This research, however, only looks at a small number of students who conduct the event abroad. Further research should compare the self-confidence rate of those who run the abroad program and those who lead the domestic program.

Keywords: self-confidence, sports students, community service program, exchange program, internationalization

1. Introduction

The demand of Sports Scientist who able to communicate well in English is getting higher. The present of Asean School Games on July 2019 shown that the event needed more than 100 sport student volunteers and lectures to help as the event organizer, judges, and guides for foreign athletes and sports organizer (1). ASEAN Games 2018 in Jakarta and Palembang, needed over than 10.000 volunteer across Indonesia (2) to help as assistant for National Olympic Committee, and Liaison office (3). In addition, Sports Science Department is also preparing for AQAS (Agency for Quality Assurance) which forced the faculty to broaden its network Internationally. Hence, English roles as a medium of instruction between countries. Thus, preparing a good English for sports student is required to equip them with soft skill needed either during their academic study or for their job market, one of which can be done through a student exchange program.

A student exchange program gained a lot of traction in universities worldwide (4). Research discussed benefits of student exchange program namely students have the opportunity of learning and embracing themselves with a new language (5,6); get social and cultural experiences (7,8), get a new understanding of the country they visited, and building international relationship (5,6,9). develop beyond their area of study and embrace themselves in an intercultural interaction (10,11). It is also the best way to become proficient at speaking a foreign language, experience different teaching styles, and build an International Resume (12,13).

Faculty of Sports Science (FSS), Universitas Negeri Semarang (UNNES) is one of the Faculty in UNNES, which shows a high commitment to Internationalization (14). As a member of ACPES (ASEAN Council of Physiscal Education and Sport) since 2011 (15), the faculty hosted the first ACPES conference which aimed to accommodate many sports' community aspirations and expressions. Nowadays, ACPES has networking eleven universities in South East Asia and managed various International collaboration including sport student exchange (SSE) program.

In line with the FSS, UNNES, the Faculty of Physical Education and Health (FPEH), Universiti Teknologi Mara (UiTM), Malaysia, also very active in expanding its International network. As one of ACPES active member, UiTM was the host of the 3rd ACPES. Besides, The faculty opens for inbound and outbound program with some Asian countries including Indonesia (16).

Self-confidence could be achieved from real-life experience. The students who joined this international community service program are immersed with other students who bravely break their limit by going abroad and performing their sports talent. Thus, they are surrounded by a highly motivated environment that fosters them to reach the goal, the project's success. This is in line with Vealey's paper, which discusses three sources of self-confidence in Athletes; he argues that environment is one domain in shaping self-confidence (Vealey, 2004). Social support (from friends, coach, team leader) is a reliable source to gain confidence, which further believes will influence a perceived goal. Above all, Lauster characterized four aspects of self-confidence namely: (1) believing in his/her own ability, (2)

act independently, (3) having a positive value toward him/herself, and (4) being optimistic (Lauster, 1997).

Not many of the hundreds of seniors who may join this international sports students' community service program dare enough to try, and only 33 out of the hundreds passed the selection. Eleven of them were successfully planned and presented their proposal and conduct the international community service project. It could be assumed that the students who dare to break their limit have high self-confidence. Thus, this research aimed to depict the level of confidence of the sports students who successfully conducted the international sports students' community service project.

This research is a collaborative research between FSS UNNES and FPEH, UiTM. Both Faculties have been collaborating for years and conducted several exchanges. This study is categorized in TKT level 3 which is to produce new approach (Exchange students) as a media to improve students' motivation in learning English.

2. Literature Review

a. The Importance of Sport Student Exchange

The Sports Student Exchange Program (SSE) is a program where students from partner universities from sport-related majors come to our faculty and vice versa. It is commonly believed that international education is an activity and programs that promote the transfer of ideas and individual across cultural and international borders (21). The international students host many benefits for institutions and the country as well. Hinojo_lucena found that the collaboration between universities across countries improve learning and relevance for exchange information (18). It also teaches different methods in learning specific knowledge (18,19). The exchange program is also the best way to become proficient at speaking a foreign language, experience different teaching styles, and build an International Resume (12,13). An International collaboration project is also great in improving students' cultural competency skills and basic networking (10,20). In the United States, International students contributed \$7 billion per year for their living costs and school fee, not to mention some goods and souvenirs they bought home (22,23). Additionally, many international alumni become economic and political leaders which indirectly influencing the country's bilateral economic and political (22).

b. Community Service Program

An International Sports Students' Community Service Program is a community service project hosted by the Sports Science Department of Universitas Negeri Semarang in overseas Universities partners. This is part of an exchange program focusing on practicing students' knowledge and skill during their classes to a particular community abroad. The project may run from two weeks to several weeks. The program was initiated in the year 2019 and is open for all senior students of sports science. Approximately 33 students were accepted to join the

program. However, due to some reasons, only eleven students could finally make the program come true. The sports community service project was conducted in UiTM Malaysia. This research highlight the students who successfully organized and conducted the program.

Under this program, the students successfully covered five activities: empowering the economical sector, sports promotion, conservation promotion, health promotion, and social cultural promotion with a higher emphasis on sports promotion. The sports being promoted by the students include *Pencak silat* (Indonesian martial arts), aerobic dance, football, tonis (a combination of badminton and tennis, found by unnes' lecturer), traditional sports, and sports massage.

Research suggested many benefits of exchange programs. Fleckman discusses the role of the exchange program to increase students' cultural awareness. His study discussed the students' attempts to design a community-based health program in a targeted country; the students need to focus on the importance of being open, flexible, and self-reflection of other cultures to bridge the intercultural program (Fleckman et al., 2015). In line with Fleckman, O'Brien also discussed how the exchange program adds the students value of intercultural learning and guide them to respect and understand differences and similarities between culture (O'Brien et al., 2019).

On the other hand, the exchange program is also known as it benefits from becoming proficient at speaking a foreign language and building an international resume (Moody, 2019; Shulsinger, 2017). Research by Suraya highlighted the role of the exchange program towards students' motivation to learn a foreign language, in this case, English. In the study, students who experience abroad get more social acceptance when they can speak English well since English role as a lingua franca to bridge intercultural communication (Suraya et al., 2021). Upon those many benefits of exchange students, the limited study discussed the benefit toward student self-confidence.

Experts define self-confidence in various ways. Albert Bandura, as cited by Gallagher use the term of self-efficacy instead of self-confidence; Bandura defines self-efficacy as the belief one has in being able to complete a certain responsibility successfully (Gallagher, 2012). He argues that the key to success depends on one's belief in his/her abilities to successfully complete a task. Further, Nugroho explains self-confidence as believing in their own abilities, believing in the existence of a purpose in life, and believing that they will be able to carry out what they want, plan, and expect (Nugroho, 2010).

c. Motivation to Learn English

English is one of the international languages, mastery of English is necessary to increase the competitiveness of each graduate. Coleman argues that English is needed to be able to compete at the international level and it needs to be integrated in the learning process (17). Research by Suraya et.al mentioned that students of SSF UNNES who have joined an exchange program tend to repeat their experience by joining another exchange program whenever offer(24). They also more active in some international events compared to those who never joined the program.

An observation was conducted in UiTM, students who have previously involved in exchange program were more supportive toward any internationalization program. However, there is a minimum study which discuss the relationship between the exchange program toward the students motivation to learn the English language, especially the English as lingua Franca (25). English as a lingua franca is the use of English between speakers of various first language for whom English is the only communicative medium of choice and frequently the lone alternative (26).

In learning English a foreign language, motivation is needed; It determine the success of the learning process (17). Motivation provides positive energy and willingness for students to achieve success. Ellis states that motivation in learning English cannot be separated from attitudes and affective conditions which might affect the students efforts in learning. (17). Attitudes and affective conditions are the driving factors that encourage students to put more effort into learning to achieved the goals. In short, the students' motivation to learn English, is the encouragement and efforts made by students to improve the English learning in achieving a desired goal.

This research divides the motivation following two categories namely intrinsic motivation and extrinsic motivation by Ryan and Decy of self determination theory (27). Intrinsic motivation is an individual's natural tendency to seek and conquer a challenge while pursuing an individual interest. Intrinsic motivation is considered a natural impulse from the individual for his own interests. Behavior sparked by one's own interests or pure enjoyment is called intrinsic motivation. It arises because of an attraction or pleasure. When students have intrinsic motivation, students do not need incentives or punishments (28). For example, students like to learn English outside of the course, because they really love the activity, no one told him to do it.

“Extrinsic motivation involves doing something to obtain something else (a means to an end) "is an action taken by individuals to get something else (a way to achieve goals) according to Santrock in (28). So it does not come from the individual himself. Extrinsic motivation is an impetus to achieve a goal because there are other factors to be obtained. Extrinsic motivation is also influenced by rewards and punishments. Arends & Kilcher explained "*extrinsic motivation is at play when individuals take action to capture a desired reward or to avoid punishments or social embarrassment*"(29). Here, Individuals take action because there are other purposes to get an award, avoid punishment or avoid embarrassment.

Efforts to increase motivation according to Slavin are arousing interest, maintaining curiosity, using a variety of interesting presentation modes, helping students set their own goals, expressing clear expectations, providing clear feedback, providing immediate feed

back, and providing frequent feedback. : increasing the value and availability of extrinsic motivational means.

d. Research Road Map

This research supports the vision and mission of UNNES as a Conservation University with **International Reputation**. It is also linear with the Faculty vision to be a Faculty of Sports Science with a conservation perspective and **international reputation in the fields of sports**, public health and nutrition in 2024. This research topic highly support the mission of Faculty article number four namely *“Build and promote mutually beneficial cooperation with various parties at the national, regional, and international levels to create an international reputation institution.”*

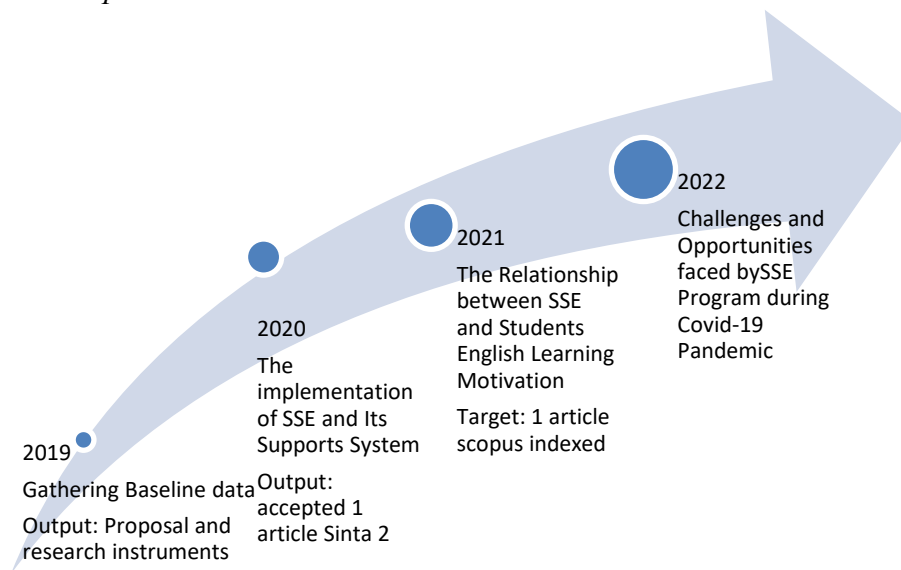


Figure 1 Research Road Map

The road map of this research topic has been started by gathering baseline data in 2019 followed by a discussion on the implementation of sports students exchange program and its support system in the Faculty of Sports Science in 2020 which paper has been accepted in Journal of Sports Area in (Sinta 2). This year, the research will look at the relationship between SSE program and students English Learning motivation due to the high demands on the Internationalization program. When successful, the research will be followed by researching the challenge and opportunities of implementing SSE in the covid-19 pandemic.

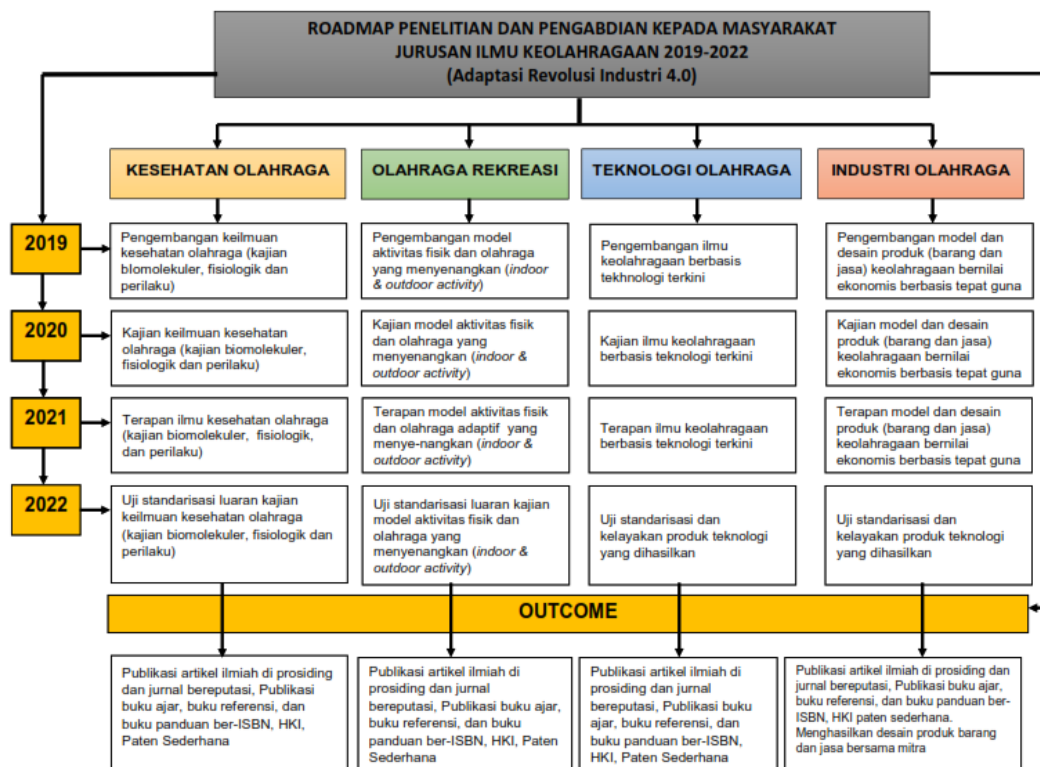


Figure 2 Roadmap Department of Sports Science

According to the above roadmap, this research supports model and design of sports exchange program which highlighted not only the sports value but also the language and Internationalisation value.

3. Research Method

a. Research Method

b. This is a descriptive quantitative research design with a survey method utilizing a set questionnaire as the main instrument in collecting data.

c. Participants

d. The respondents are all sports science students who conducted the international community service project in 2019 during their senior year of college. For the purpose of this research, the students were asked to submit their profile including their sports' expertise, organization experiences, language that are spoken, working experiences, and overseas experiences. The Eleven students came from various sports backgrounds, namely *pencak silat* (Indonesian martial arts), aerobic dance, football, tonis (Badminton and Tennis), traditional sports, and sports massage. Ten out of eleven students who joined the program are active in campus and non-campus organizations. Related to their side job, six are functioning as sports instructors and coach, four are active as an enterpreuner, and one has no side job. They all are involved in social media; ten out of eleven choose health and sports as the most visited content in their social media, and only one chooses entertainment. None of them had the experience of going abroad, thus to join this program they manage to make their passport.

e. Data Analysis

f. A set of closed questionnaires using a Likert scale was given. Twenty questions were being asked, all questions have passed the test of validity and reliability. Each question have four alternative answers, namely strongly agree, agree, disagree, and strongly disagree. For a positive statement, the score is four to one, whereas for a negative statement, the score is from one to four. The indicator and the statements are as follow:

Indicator	Statements
Believing in ourselves	I could socialize well in a new community
	I can't lead a discussion in a new community
	I am shy to ask a question to a new people or foreigner
	I am brave enough to start a conversation even in a new environment
	I dare to lead a discussion in a new community
	I feel that I gave uninteresting topics whenever I joined a discussion
Act independently	I could promote a solution during a group discussion
	I could contribute to solving a problem in my community
	I always asked others before I make a decision

I could not make a decision when there is conflict in a group discussion

Have a positive attitude I believe that my community expects my presence
 I love to participate in any community activity
 Being active in a group discussion would give a positive value to my future
 I am afraid to say my opinion because I am not ready to be rejected
 I am sure that I could give a good solution in any group problem

Being optimistic I don't brave enough to be a group leader
 I am brave enough to be a leader in any society activities
 Any critique and arguments would not make me down
 I don't have the confidence to join a competition
 I believe in my ability when I have to join a competition or match

Result

This research aimed to depict the level of confidence of the sports students who successfully conducted the international sports students' community service project. During the project, the students performed and promoted their sports in the UiTM as well as hosting matches between countries. In addition, to support the five mandatory projects of the International community service project, the students also have prepared some cultural and conservation projects, namely traditional songs, mix aerobic and traditional dance of Maumere, interlanguage discussion, and batik workshop.

Table 1 below illustrated the self-confidence score of the students. The highest score is 76, and the average score is 59,45 with a standard deviation of 6,817.

Tabel 1 Statistical Description of Students Self Confidence

Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
The students Self Confidence	11	52	76	59.45	6.817
Valid N (listwise)	11				

The graphic below depicts the self confidence level of the students:

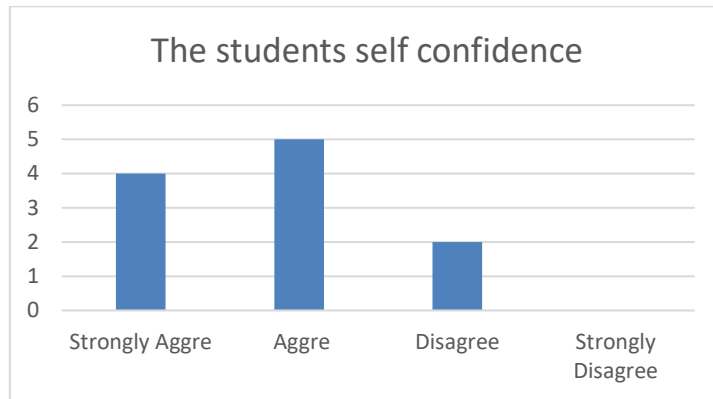


Figure 1. Students Self Confidence

The figure shows as many as four students or 36% of students are in the very high category, six students or 45% are in the high category, and the rest two students or 18% of students in the moderate category. The details of the indicator on students' self-confidence who hosted the international community service project is explained in figure 2 to figure 5.

1) Believing in Their Own Ability

Self-confidence means that you have confidence in yourself so you can handle all situations calmly. One of the indicators is to believe in one's own abilities. The illustration of students having trust in their abilities can be seen from figure 2.

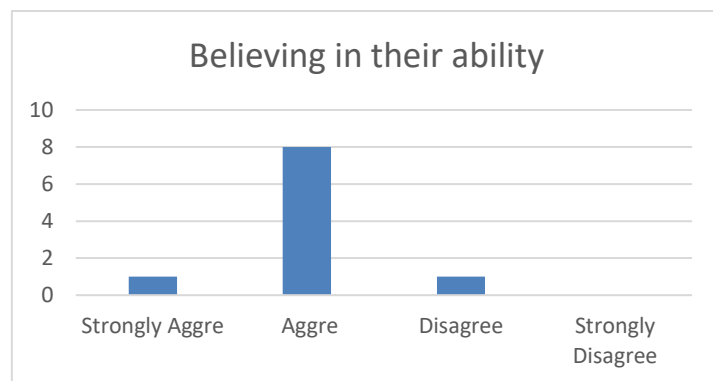


Figure 2 Believing in their ability

There are six sub-indicators being used: the ability to socialize in the community, lead a discussion, dare to ask new people, dare to start conversations with foreigners and other people, and dare to express opinions. Of the eleven students who took part in the program, two students strongly agreed, eight students agreed, and one student disagrees. Thus, students who joined the program mostly believed in their abilities. This data supported by the respondent profile which mentioned that ten of them has their side jobs either as sports

instructor or entrepreneur; to be an instructor and or entrepreneur they need high self-confidence and trust to their own ability to perform their job.

2) Acting Independently in Making Decisions

Acting independently in making decisions is one of the self-confidence indicators. There are four sub-indicators to measure students' sense of independence, namely dare to promote a solution for any problem in a group discussion, able to solve existing problems, and able or unable to make decisions. The students respond illustrated in figure 3:

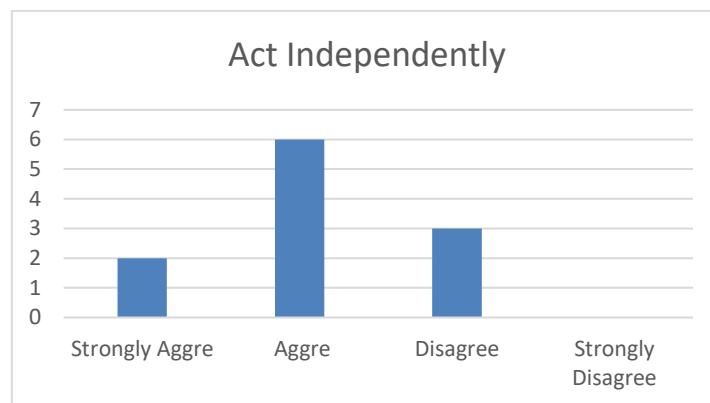


Figure. 1 Acting Independently

The figure illustrated that a total of two students strongly agree that students can act independently in making decisions, six students agree, and three students disagree that students can act independently in making decisions. This indicator is also supported by the fact that ten out of eleven students started their businesses during college. It shows that they are independent enough and not only depending on their parents to support their life. Thus the sense of independence has motivated them to briefly take the chance of designing and organizing this exchange program.

3) Having a Positive Attitude

The level of self-confidence can be seen from the students' positive attitude. The picture of students having a positive attitude can be seen from the following graph.

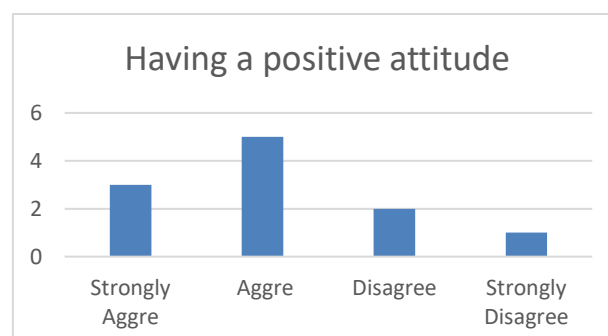


Figure 4. Having a positive attitude

Positive traits include five sub-indicators, namely the presence of students in a discussion that is expected by their friends, being happy to participate in a community activity, being active in a discussion, giving a good assessment of oneself, and being sure of the solution given to solve a problem. A total of three students strongly agree that students have a positive attitude, five students agree, two students disagree, and one student strongly disagrees.

4) Optimistic

Someone is having self-confidence if the person has an optimistic attitude. The picture of students' optimistic attitude can be seen from the results of the descriptive analysis as shown in the following diagram.

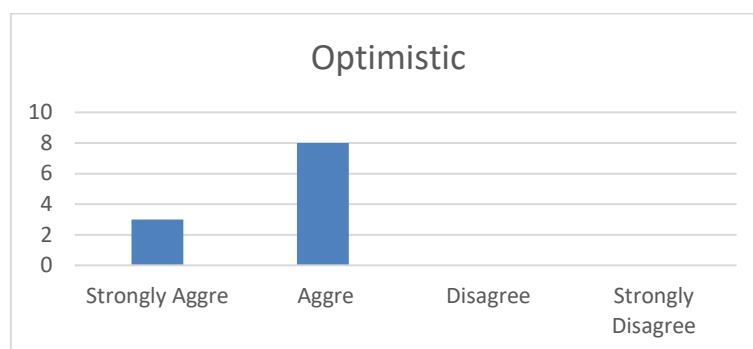


Figure 5. Optimistic

There are five sub-indicators used namely courage when appointed as chairman in an activity, dare to lead an event, ignoring the ridicule of others, and being confident to join a competition. A total of three students strongly agrees and eight agree if students have an optimistic attitude.

Discussion

The International Sports Student's Community Service Program is a program where students are deployed in the community to apply knowledge and learn to live in a community (Zulaikhah, 2015). This program required students' ability to be an event organizers of a sports community service event. The students need to find a place to share their knowledge, plan the programs, and run independently. The eleven students successfully planned and run sports programs, namely sports massage, Pencak silat, futsal, and aerobics dance. Besides, the students also introduced and taught traditional Indonesian sports such as *congklak* and *egrang bathok* as well as sports created by UNNES lecturers, namely *Tennis*. To carry out these programs, high confidence is needed, especially in the field of sports. With

high self-confidence, students can assess their potential optimally to introduce and teach the sport they mastered.

The research showed that the students had self-confidence in the high and very high categories. The students who organized this event are mostly active in campus organization and social organization; this environmental factor mentioned by Vealey may influence their sense of self-confidence (Vealey, 2004). In addition, a study by Sharour highlighted that involvement in an educational program could improve students' self-confidence and self-efficacy (Sharour, 2019). Thus, the activeness in campus clubs and discussion could be a reason of the students having high sense of self-confidence.

The indicators used as a reference for measuring self-confidence in this study include believing in one's abilities, acting independently in making decisions, having a positive attitude, and being optimistic (Lauster, 1997). All the students never been abroad before but they dare to challenge themselves to conduct the event abroad. It showed that they are very optimistic to make the event real.

It has been predicted that the students who dare to host an international community service have self-confidence. The students who run the programs have forced themselves to be more confident than before because they represent their country's name. They support each other to accomplish their mission. Thus, they show their best potential. Just like when students become aerobics instructors, teach basic silat techniques to the UiTM community, teach techniques in sports massage, and teach how to play tennis sports and the rules and regulations in tennis sports games. This is in line with what was conveyed by (Sharour, 2019) that self-confidence is an attitude in someone who can develop self-awareness, think positively, have independence, and have the ability to gain everything you want. This program was successfully conducted because the students have strong self-confidence.

Conclusion

It can be concluded that students who conducted this international sports event have a solid self-confidence. The students perform a very high self-confidence for their level of believing in their ability and having a positive attitude toward themselves; In addition, they have a high level of self-confidence for their independence and optimism. Seeing that self-confidence could direct a student to a higher achievement, this research would suggest students to enhance their self-confidence through immersing themselves in a good environment and challenge themselves in many activities to get more life skill experiences.

4. Output Target

Table 1 Output Target

No	Output	Indicator	Time
1	Publication in reputable International Journal ublikasi indexed in International reputable database	Accepted in SN Sosial Sciences https://www.springer.com/journal/43545	2021
2	Sertificate of Visiting Profesor/Researcher/Guest Lecture	Sudah Jadi / Completed Conducted in FPEH, UiTM	2021
3	Presentation in International Conference	Published in ISMINA EAI Proceeding	2021
4	Implementation of Arrangement	Sudah jadi/ Already completed File attached in the proposal	2021

5. Budget Plan and Timelines

a. Budget Plan

No	Jenis Pengeluaran	Biaya (Rp)
1.	Honorarium Penelitian	Rp. 11.880.000,00
2.	Belanja Bahan	Rp. 22.320.000,00
3.	Analisis Data	Rp. 16.800.000,00
4.	Seminar/Publikasi Penelitian	Rp. 9,000,000,00
Jumlah		Rp. 60.000.000,00
Enam Puluh Juta Rupiah		

The details of budget plans is attached in attachment A.

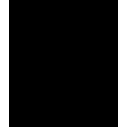
b. Research Timelines

No	Activities	Months							
		1	2	3	4	5	6	7	8
1	Preparing research instrument								
2	Sample identification								
3	Spreading questionnaire								
4	Interviewing participant								
5	Analyzing Data								
6	Writing report and								

publication

7 Visiting Professor

8 Presenting in
Internasional
Seminar/Proceeding



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Letter of Agreement

IMPLEMENTATION of ARRANGEMENT

Research Collaboration



BETWEEN
AND



Department of Physical & Health Education,
Faculty of Education
Universiti Teknologi Mara
Malaysia

Department of Sports Science
Faculty of Sports Science
Universitas Negeri Semarang
Indonesia

I, the undersigned below:

Name : Dr. Setya Rahayu
Position : Associate Professor
Institution : Universitas Negeri Semarang
as party taking responsibility in the Department of Sports Science, Faculty of Sports Science,
UNNES,

Name : Dr. Ani Mazlina Dewi Mohamed
Position : Senior Lecturer
Institution : UiTM
as party agreeing in the Department of Physical & Health Education, Faculty of Education,
UiTM

In Accordance with this Agreement between Faculty of Sports Science, UNNES and Faculty of Education, UiTM; both institutions agree to participate in research collaboration program 2021 under the following arrangements:

- a) The research topic is The Role Sports Students Exchange on Students English Learning Motivation
- b) Both parties will design research instrument collaboratively
- c) Both parties will conduct data collection and data sharing
- d) Both parties will be involved in any publication of this research
- e) The duration of the program is eight months.

This Implementation of Agreement shall take effect when duly signed by both parties.

Signed by, for and on behalf of
UiTM

Dr. Ani Mazlina Dewi Mohamed

Date: March 25, 2021

Signed by, for and on behalf of
UNNES

Dr. Setya Rahayu

Date: March 24, 2021

IMPLEMENTATION of ARRANGEMENT

Research Collaboration



BETWEEN
AND



**Department of Physical & Health Education,
Faculty of Education
Universiti Teknologi Mara
Malaysia**

**Department of Sports Science
Faculty of Sports Science
Universitas Negeri Semarang
Indonesia**

I, the undersigned below:

Name : Fatona Suraya, S.Pd., M.A., M.Pd.
Position : Assistant Professor
Institution : Universitas Negeri Semarang
as party taking responsibility in the Department of Sports Science, Faculty of Sports Science,
UNNES,

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UNNES

Fatona Suraya, S.Pd., M.A., M.Pd.

Date: March 24, 2021

IMPLEMENTATION of ARRANGEMENT

Research Collaboration



BETWEEN
AND



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Universiti Teknologi Mara
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**Department of Sports Science
Faculty of Sports Science
Universitas Negeri Semarang
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I, the undersigned below:

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Institution : Universitas Negeri Semarang
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UNNES,

Name : Assoc. Prof. Dr. Mawarni Mohamed
Position : Head of Academic Center for Science, Mathematics and Physical
Health
Institution : UiTM as party agreeing in the Department of Physical & Health
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In Accordance with this Agreement between Faculty of Sports Science, UNNES and Faculty
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- The research topic is The Role Sports Students Exchange on Students English Learning
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- The duration of the program is eight months.

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Signed by, for and on behalf of
UiTM

Signed by, for and on behalf of
UNNES

P.M Dr Mawarni Mohamed

Assoc. Prof. Dr. Mawarni Mohamed

Date: March 29, 2021

Dr. Setya Rahayu

Date: March 24, 2021

IMPLEMENTATION of ARRANGEMENT

Research Collaboration

BETWEEN



AND



Department of Physical & Health Education,
Faculty of Education
Universiti Teknologi Mara
Malaysia

Department of Sports Science
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P.M Dr Mawarni Mohamed

Assoc. Prof. Dr. Mawarni Mohamed

Fatona Suraya, S.Pd.,M.A.,M.Pd.

Date: March 29, 2021

Date: March 24, 2021

Attachment A. Budget Justification

a. Honorarium Penunjang Penelitian

Honor	Honor/Hari (Rp)	Waktu (Hari/Minggu)	Minggu	Total (Rp)
1. Honorarium Pengolah Data	Rp. 1,540,000	2 Kegiatan	1 Minggu	Rp. 3,080,000
2. Honorarium Koordinator Peneliti	Rp. 420,000	8 Kegiatan	1 Minggu	Rp. 3,360,000
3. Honorarium Sekretariat Peneliti	Rp. 300,000	8 Kegiatan	1 Minggu	Rp. 2,400,000
4. Honorarium Petugas Survey	Rp. 8,000	1 Kegiatan	1 Minggu	Rp. 800,000
5. Honorarium Pembantu Lapangan	Rp. 80,000	28 Kegiatan	1 Minggu	Rp. 2,240,000
Sub Total				Rp. 11,880,000

b. Belanja Bahan

Bahan/Alat	Justifikasi Pemakaian	Kuantitas	Harga Satuan (Rp)	Total (Rp)
1. Kertas HVS	Mencetak proposal, quisioner dan laporan	4 Rim	Rp. 86,250	Rp. 345.000,00
2. Kaos Olahraga Responden UNNES and UiTM	Dibagikan kepada responden	100 Buah	Rp. 150,000	Rp. 15,000,000
3. ATK	Dipergunakan oleh tim peneliti	9 Paket	Rp. 300,000	Rp. 2,700,000

4. Konsumsi Kegiatan	Konsumsi selama kegiatan	9 Paket	Rp. 475,000	Rp. 4,275,000
Sub Total				Rp. 22,320,000

c. Analisis Data (termasuk biaya perjalanan & sewa peralatan)

Kegiatan	Justifikasi Pemakaian	Kuantitas	Harga Satuan (Rp)	Total (Rp)
1. Perjalanan PP visiting professor	Visiting profesor ke UiTM PP	1 Paket	Rp. 6,000,000	Rp. 6,000,000
2. Analisis data kuantitative	Analisis SPSS	6 Dokumen	Rp. 900,000	Rp. 5,400,000
3. Penerjemahan	Penerjemahan ke bahasa inggris	6 Dokumen	Rp.900,000	Rp. 5,400,000
Sub Total				Rp. 16,800,000

d. Seminar/Publikasi Penelitian

Uraian	Justifikasi	Kuantitas	Harga Sat.(Rp)	Total (Rp)
1. Scopus indexed journal	Biaya Publikasi	1 Dokumen	Rp. 5,000,000	Rp. 5,000,000
2. Internasional Conference (International proceeding)	Biaya Publikasi	2 Dokumen	Rp. 2,000,000	Rp. 4,000,000
Sub Total				Rp. 9,000,000

e. Total Pengeluaran

No	Jenis Pengeluaran	Biaya (Rp)
1.	Honorarium Penelitian	Rp. 11.880.000,00
2.	Belanja Bahan	Rp. 22.320.000,00
3.	Analisis Data	Rp. 16.800.000,00

4.	Seminar/Publikasi Penelitian	Rp. 9,000,000,00
Jumlah		Rp. 60.000.000,00
Enam Puluh Juta Rupiah		

Attachment B. Susunan Organisasi Tim Peneliti

No	Nama/NIDN/NIP	Prodi/ Fakultas	Bidang Ilmu	Alokasi Waktu	Uraian Tugas
1.	Dr. Setya Rahayu, M.S.	IKOR/ IKOR	Sport Medicine	24 Jam	<ol style="list-style-type: none"> 1. Menyusun proposal penelitian 2. Merancang metode penelitian 3. Menyiapkan instrumen penelitian 4. Menyiapkan peralatan dan perlengkapan penelitian 5. Menganalisis data penelitian 6. Menginterpretasikan hasil penelitian 7. menyusun artikel hasil penelitian
2.	Fatona Suraya, S.Pd., M.Pd.	IKOR/ IKOR	English Journalism Research Method	20 Jam	<ol style="list-style-type: none"> 1. Bersama ketua peneliti merancang instrumen penelitian 2. Mengambil data penelitian (kuesioner, interview) 3. Bersama ketua peneliti menganalisis data penelitian 4. Bersama ketua peneliti menginterpretasikan hasil penelitian 5. Bersama ketua peneliti menyusun artikel hasil penelitian 6. Submit artikel dalam jurnal terindeks
3.	Prof. Dr. Soegiyanto, MS	IKOR/ IKOR	Pend. Olahraga & Ilmu Kesehatan Olahraga	20 Jam	<ol style="list-style-type: none"> 1. Mengambil data penelitian (dokumen/data sekunder) 2. Dokumentasi penelitian 3. Bersama ketua peneliti menyiapkan peralatan dan perlengkapan penelitian 4. Bersama ketua peneliti menginterpretasikan hasil penelitian 5. Membuat laporan penelitian
4.	Dr. Ani Mazlina Dewi BT. MOHAMED	Physical & Health Education/	Curriculu m and	20 Jam	<ol style="list-style-type: none"> 1. Bersama ketua peneliti merancang instrumen penelitian

		Education	Pedagogy, Evaluation in Physical Education		2. Mengambil data penelitian (kuesioner, interview) 3. Bersama ketua peneliti menganalisis data penelitian 4. Bersama ketua peneliti menginterpretasikan hasil penelitian
5.	Assoc. Prof. Dr. Mawarni binti Mohamed	Physical & Health Education /Education	Education Management, Planning and Policy	20 Jam	5. Bersama ketua peneliti menyusun artikel hasil penelitian 6. Submit artikel dalam jurnal terindeks
6.	Ikhwan Budi L, S.Kom.	IKOR/IKOR	Teknik Informatika	16 Jam	1. Membantu menyiapkan kelengkapan proposal penelitian
7.	Danti Putri Subagyo	IKOR/IKOR	Mahasiswa IKOR	16 Jam	2. Membantu mengambil data penelitian (kuesioner, interview)
8.	Imam Syihabbudin	IKOR/IKOR	Mahasiswa IKOR	16 Jam	3. Menyiapkan konsumsi dan akomodasi penelitian
9.	Rahmat Septianto	IKOR/IKOR	Mahasiswa IKOR	16 Jam	4. Menyiapkan peralatan dan perlengkapan penelitian 5. Bersama Ketua Peneliti menyusun artikel hasil penelitian 6. Bersama tim Menyusun laporan penelitian

Attachment C. Researcher Identity

Researcher 1

A. Identity

1.	Full Name	Dr. Setya Rahayu, M.S.
2.	Sex	Female
3.	Functional Position	Senior Lecturer
4.	ORN	196111101986012001
5.	NIDN	0010116117
6.	Place, Date of Birth	Kendal, November 10 th , 1961
7.	E-mail	setyarahayu@mail.unnes.ac.id
8.	Phone Number	+62 813-2578-2212
9.	Office Address	F Building, Faculty of Sports Sciences,

		Universitas Negeri Semarang (UNNES), Sekaran Campus, Gunungpati, Semarang (50229), Central Java, Indonesia
10.	Office Phone/Fax	(+62 24) 850-8107/(+62 24) 850-8107
12.	Expertise	Sport Medicine
13.	Organization	<ul style="list-style-type: none"> • Vice Dean of Academic Affair, Faculty of Sports Sciences UNNES • IAAI • PGRI • Pengurus Provinsi Persatuan Senam Indonesia Jawa Tengah • Persatuan Senam Indonesia Kota Semarang • Ketua Umum Federasi Hockey Indonesia Kota Semarang • Sekretaris Umum Federasi Hockey Indonesia Provinsi Jawa Tengah

B. Educational Background

	S-1	S-2	S-3
University	IKIP Semarang	Universitas Airlangga	Universitas Airlangga
Major	Physical Education	Sports Medicine	Sports Medicine
Year of Entry and Graduation	1981-1985	1991-1993	1993-1999
Title of Final Project/Thesis/Disertation	-	Effects of Plyometric Exercise on Explosive Power and The Power of Lower Extrimities	The Effect of Aerobic Exercise on Physical Freshness/Fitness and Immune Response
Name of Supervisor/Promotor	-	1. Prof. Dr. Lukas Widiyanto, Dr. 2. Prof Dr. R. Soekarman, dr	1. Prof. Dr. R. Soekarman, dr. 2. Dr. Suhartono Taat Putra, dr, MS.

C. Research Experiences

Num.	Year	Title of Research	Funding
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			Source	Total (Million, IDR)
1.	2018	Exercise Behavior Comparison Between Universitas Negeri Semarang Sports Science Students And Mahasarakan Uuniversity Sports Science Students	DIPA FIK	100
2.	2017	Case-finding Model of Malnourished Children (Under and Over-nutrition) in Indonesia and Thailand	DIPA FIK	70
3.	2016	Implementasi International Sport Student Exchange (SSE) Pada Fakultas Ilmu Keolahragaan Melalui Program Inbound Dan Outbound	DIPA FIK	16
4.	2012	Evaluasi Program Pembinaan Prestasi Cabang Olahraga Angkat Besi Padepokan Gajah Lampung	KEMENPORA (APBN)	60

D. Community Service Experiences

Num.	Year	Tittle of Service Activity	Funding	
			Source	Total (Million, IDR)
1.	2017	Peningkatan Prestasi Cabang Olahraga Senam melalui Peningkatan Kualifikasi Pembina/Pelatih bagi Guru Penjasorkes di Kecamatan Tembalang	DIPA FIK	6
2.		Olahraga Sebagai Gaya Hidup Masyarakat Kota Semarang	DIPA FIK	20
3.	2016	FIK Unnes Goes to Public sebagai Sarana Pengabdian kepada Masyarakat Bidang Kesehatan di Car Free Day Kawasan Simpang Lima Kota Semarang	DIPA FIK	16
4.	2015	Pengembangan Kampung SaBu (Sehat dan Bugar) melalui Program Edukasi Olahraga dan Edukasi Pola Kerja Sehat di Dusun Randu Sari Kelurahan Nongko Sawit, Kecamatan Gunungpati Kota Semarang.	DIPA FIK	6
5.	2013	Penyuluhan aplikasi Heart Rate Monitor dan Cairan tubuh untuk menjaga Homeostasis latihan fisik pada anggota UKM Olahraga Unnes	DIPA UNNES	4
6.	2012	Peningkatan Keterampilan pembelajaran senam bagi guru Penjasorkes di Kec. Gunungpati Kota Semarang	DIPA UNNES	4

E. Scientific Articles Publication

Num.	Title of Article	Volume/Number/Year	Name of Journal
1.		-	-
2.	-	-	-
3.	-	-	-

F. Oral Presentation Experience in Scientific Seminar

Num.	Name of Scientific Seminar	Title of Scientific Article	Time and Place
1.	The 4 th Asean Council of Physical Education and Sport (ACPES) “Faster, Higher, Stronger: Technological Advancement In Sports & Physical Education”	Excercise Behaviour In Healthy People And People With Degenerative Diseases	2018, Hotel Tenera, Bandar Baru Bangi, Selangor, Malaysia
2.	International Seminar of Public Health and Education	Exercise Behaviour Analysis of Universitas Negeri Semarang Sports Sciences Students	2018, The Wujil Resort, Central Java Indonesia
3.	Asean Council of Physical Education and Sport (ACPES)	The Effect of Yoga Exercise Toward The Level of Painful Menstrual Periods (Dysmenorrhea) in Teenager	2017, Kasetsart University, Kamphaeng Saen Campus, Thailand
4.	Asean Council of Physical Education and Sport (ACPES)	The Profile Of Body Mass Index Of Hockey Athletes Central Java Province Training Centre	2016, Cagayan de Oro Philiphine
5.	Asian Conference For Physical Education and Sports Science (ACPESS)	Osteophorosis Prevention and Therapy Through Physical Exercises	2014, Nanyang Institute of Education NIE Singapore
6.	Asean University Conference Physical Education And Sport Sciences (AUCPESS)	The Sport Sciences Profession Development in Sport of Health Sector at FIK UNNES	2013, Mahasarakham University (MSU) Thailand

G. Writing Book Experiences

Num.	Title of Book	Publication Year	Number of Pages	Publisher
1.	Sportholic An English Reference Book for Sport Science	2019	74	Unnes Press
2.	Model Pembelajaran Gerak Dasar Melalui Aktivitas Bermain Bagi Siswa SDLC C Kelas 1	2018	39	FIK Unnes

3.	Model Pembelajaran Gerak Dasar Melalui Aktivitas Bermain Bagi Siswa SDLC C Kelas 2	2018	41	FIK Unnes
4	Model Pembelajaran Gerak Dasar Melalui Aktivitas Bermain Bagi Siswa SDLC C Kelas 2	2018	43	FIK Unnes

H. Intellectual Property (IP)

Num.	Year	Tittle/Theme of IP	Type	Number of P/ID
1.	-	-	-	-
2.	-	-	-	-
3.	-	-	-	-

I. Formulating Public Policy/Social Engineering Experiences

Num.	Tittle/Theme/Type of Implemented Social Engineering	Year	Place of Implementation	Community Response
1.	-	-	-	-
2.	-	-	-	-
3.	-	-	-	-

Semarang, 25 Maret 2021

Dr. Setya Rahayu, M.S.

Researcher 2

A. Identitas Diri

1.	Nama Lengkap (dengan gelar)	FATONA SURAYA, S.Pd., M.Pd.
2.	ORCID ID	https://orcid.org/0000-0001-9099-2127
3.	SCOPUS ID	57190808088
4.	Jenis Kelamin	P
5.	Jabatan Fungsional	Asisten Ahli
6.	NIP/NIK/Identitas lainnya	198804042015042003
7.	NIDN	0004048805
8.	Tempat dan Tanggal lahir	Semarang, 04 April 1988
9.	E-mail	suraya@mail.unnes.ac.id
10.	Nomor Telepon/HP	087831631696
11.	Alamat Kantor	Gedung F1 Lantai 3, Dekanat FIK, Kampus Unnes, Sekaran, Gunung Pati
12.	Nomor Telepon/Faks	024 8508068
13.	Lulusan yang Telah Dihilangkan	-
14.	Mata Kuliah yg Diampu	1. Bahasa Inggris
		2. Jurnalistik Olahraga
		3. Metodologi Penelitian
		4. Penulisan Karya Ilmiah
		5. Metodologi Penelitian Olahraga
		6. Senam Aerobik

B. Riwayat Pendidikan

	S-1	S-2	S-2
Nama Perguruan Tinggi	UNNES	UNNES	THE OHIO STATE UNIVERSITY
Bidang Ilmu	Pend. Bahasa Inggris	Pend. Bahasa Inggris	Foreign & Second Lang. Education
Tahun Masuk-Lulus	2006-2011	2011-2013	2011-2012
Judul Skripsi/Tesis/Disertasi	WebQuest, a Strategy to Improve Students Writing Skill	Enhancing Students Writing Skill through Cooperative Learning Activities	Non Thesis Program
Nama Pembimbing/Promotor	Ahmad Sofwan, Ph.D	Ahmad Sofwan, Ph.D	Leslie Moore, Ph.D

C. Penelitian dalam 5 Tahun Terakhir

No	Tahun	Judul Penelitian	Pendanaan	
			Sumber*	Jml (juta Rp)
1.	2020	Analisis Kebijakan Kampus Merdeka dalam Mendukung UNNES Menuju PTN Badan Hukum	DIPA Universitas	Rp 90.000.000
2.	2020	THE RELATIONSHIP BETWEEN MENTAL SKILLS AND SPORT ACHIEVEMENT IN INDIVIDUAL SPORTS AND GROUP SPORTS	DIPA Fakultas	Rp 35.000.000
3.	2019	Pembelajaran Bahasa Inggris dalam Konteks Ilmu keolahragaan: Strategi Mencetak SDM Olahraga di Era Revolusi Industri 4.0	DIPA Fakultas	Rp 15.000.000
4.	2018	Students' Perception about CBI in Aerobic English Class	Mandiri	Rp 6.000.000,00
5.	2017	Content Based Instruction as a Strategy on Producing Aerobic Instructor with International Reputation	DIPA Fakultas	Rp 10.000.000,00
6.	2017	Students' Perception Towards Physical Education In Indonesia and Thailand	DIPA Fakultas	Rp 70.000.000,00
7.	2016	Konservasi Kebugaran dan Bahasa Dalam Senam Aerobik Berbasis Content Based Instruction	DIPA Fakultas	Rp8,000,000,00
8.	2015	Effect of Fruit Infused Water Water (Combination of Apple, Banana and Lemon) on Blood Glucose in Young Men	DIPA Fakultas	Rp8,000,000,00

D. Pengalaman Pengabdian Kepada Masyarakat dalam 5 Tahun Terakhir

No	Tahun	Judul Pengabdian kepada Masyarakat	Pendanaan	
			Sumber*	Jml (juta Rp)
1.	2020	Public Speaking Skills for Sports Scientist	DIPA Fakultas	Rp 8.000.000,00
2.	2019	Pelatihan CBI on Dance and Gross Motor Skill bagi Guru PAUD Kec.Kota Kab. Kudus	DIPA Fakultas	Rp 8.000.000,00

3.	2019	EduSport Instruktur Senam Aerobik	DIPA Fakultas	Rp 8.000.000,00
4.	2018	Penggunaan Fruit-Infused Water (Kombinasi Apel, Pisang dan Lemon) Sebagai Upaya Menjaga Performa Atlet Softball dari Dehidrasi Akibat Latihan	DIPA Fakultas	Rp 8.000.000,00
5.	2017	Pelatihan Senam Aerobik Berbasis CBI pada Lulusan IKOR	DIPA Fakultas	Rp 6.000.000,00
6.	2015	One day seminar prevention of metabolic syndrom (seminar Mahasiswa libia)	DIPA Unnes	Rp6,000,000,00
	2015	Pengembangan Desa Sehat & Bugar Melalui Edukasi Pola Kerja Sehat & Edukasi Massase Olahraga	DIPA Fakultas	Rp6,000,000,00

E. Publikasi Artikel Ilmiah Dalam Jurnal dalam 5 Tahun Terakhir

No	Judul Artikel Ilmiah	Nama Jurnal	Volume/Nomor/ Tahun
1.	Teacher Awareness on Merging English in Physical Activities for Early Childhood Education	Advance in Social Science, Education and Humanities Research, Vol, 362. Atlantispress. https://download.atlantispress.com/article/125921451.pdf	Vol, 362. P. 196-201 (2019)
2.	English Teaching Intsruction in Sports Science Faculty, UNNES	Jurnal Abdimas https://journal.unnes.ac.id/nju/index.php/abdimas/issue/view/1020	Vol 22, No 2 (2018). P. 179-184 [p-ISSN: 1410-2765 e-ISSN 2503-1252]
3.	Merging English Into Sport in Aerobic Exercise Based on Content-Based Instruction (Cbi)	Language Circle https://journal.unnes.ac.id/nju/index.php/LC/article/view/12952	Vol 13 (1), October 2018. P. 41-48 p ISSN 1858-0165 e ISSN 2460-853X
4.	Effect of fruit-infused water	Pakistan journal of nutrition	Vol15. No.7

	(combination of apple, banana and lemon) on blood glucose in young men	https://scialert.net/abstract/?doi=pjn.2016.693.695	(2016). P 693-695. ISSN 1680-5194
5.	Enhancing Students' Content and Organization of Written Texts Through Cooperative Learning Activities	English Education Journal https://journal.unnes.ac.id/sju/index.php/eej/issue/view/186	Vol. 3, No.1, (2013)

F. Pemakalah Seminar Ilmiah (Oral Presentation) dalam 5 Tahun Terakhir

No	Nama Pertemuan Ilmiah/Seminar	Judul Artikel Ilmiah	Waktu dan Tempat
1.	The 11 th Annual International Conference on Industrial Engineering and Operations Management Singapore,	Implementation of Cooperative Learning Model in Homeschooling as Equality Education	Semarang, 8 Maret 2021
2.	The 5 th ISPHE	Athletes' Stress Determinants when Countering Fear of Failures at Their Training Center Program	Semarang, 22 Juli 2020
3.	The 5 th ISPHE	Physical Activities and Second Language Proficiencies; A Systematic Review	Semarang, 22 Juli 2020
4.	The 10 th ICSES and The 6 th ACPES	An Exploration of Sports Student Exchange Program	Thailand, Desember 2020
5.	The 5 th ACPES International Conference	Teacher Awareness on Merging English in Physical Activities for Early Childhood Education	10-12 September 2019 Semarang, Indonesia
6.	The 4 th ACPES International Conference	Students Interest on CBI in Aerobic English Class	25-26 September, 2018 Malaysia
7.	The 4 th ACPES International	Usage of Fruit	25-26 September,

	Conference	Infused Water as an Effort to Maintance Softball Athlete Performance from Dehydration due to Regular Exercise	2018
8.	The 4 th ACPES International Conference	Ta-Cock, an Inovation of Takrow with Cock	25-26 September, 2018 Malaysia
9.	The 4 th ACPES International Conference	Effectiveness of Soybean Milk and Cows Milk intake to increase Muscle Endurance	25-26 September, 2018 Malaysia
10.	The 4 th ACPES International Conference	Analysis of Students Awareness, Seriousness and Activeness in Joining Physical Education	25-26 September, 2018 Malaysia
11.	The 3 rd ACPES International Conference	Students' Affection toward Physical Education	September, 2-5 2017 Kasetsart, Thailand
12.	The 3 rd ACPES International Conference	Language in Fitness (A Comparative Study between Conventional Language Teaching & CBI Language Teaching)	September, 2-5 2017 Kasetsart, Thailand
13.	The 4 th ELTLT Conference	Stand Against Critical Period Hypothesis	Semarang, 2015
14.	The 3 rd ELTLT Conference	Cooperative Learning Activities to enhance Students Writing Skill	Semarang, 2014

G. Karya Buku dalam 5 Tahun Terakhir

No	Judul Buku	Tahun	Jumlah Halaman	Penerbit
1.	Pemburu IELTS, Antologi peserta PKBI Malang	2021	210	Alinea Media Dipantara
2.	Guide for Fitness	2020		
3.	Sportaholic An English Reference for Sports Science Students	2019	56	Unnes Press ISBN 978-602-285-180-6

H. Perolehan HKI dalam 5-10 Tahun Terakhir

No	Judul/Tema HKI	Tahun	Jenis	Nomor P/ID
1	Modifikasi Gymnastic Multifunction Board	2021	Alat Peraga	EC00202051836/ 24 Februari 2021
2	Video Tutorial Teknik Dasar Futsal bagi Pemula	2021	Karya Rekaman Video	EC00202114064/ 3 Maret 2021

I. Pengalaman Merumuskan Kebijakan Publik/Rekayasa sosial Lainnya dalam 5 Tahun Terakhir

No	Judul/Tema/Jenis Rekayasa Sosial Lainnya yang Telah Diterapkan	Tahun	Tempat Penerapan	Respon Masyarakat
-	-	-	-	-

J. Penghargaan dalam 10 tahun Terakhir (dari Pemerintah, asosiasi atau institusi lainnya)

No	Jenis Penghargaan	Institusi Pemberi Penghargaan	Tahun
1.	Guest Lecturer Certificate on Sport Journalism	UNIMA, Manado	2019
2.	Guest Lecturer Certificate on Sport Communication	UPSI, Malaysia	2019
3.	Guest Lecturer Certificate on CBI as a Strategy to Enhance Sport Communication	Chulalongkorn University Thailand	2018
4.	Guest Lecturer Certificate on English for Sport Communication	Ho Chi Minh University of Pedagogy Vietnam	2017

5.	Guest Lecturer Certificate on The Importance of Communication in Sport	Universitas Negeri Medan Indonesia	2017
6.	Kappa Delta Phi	Maryville College Tennessee, USA	2009

Semua data yang saya isikan dan tercantum dalam biodata ini adalah benar dan dapat dipertanggungjawabkan secara hukum. Apabila di kemudian hari ternyata dijumpai ketidaksesuaian dengan kenyataan, saya sanggup menerima sanksi.

Semarang, 27 Maret 2021



Fatoma Soraya, S.Pd., M.Pd

Researcher 3
A. Identitas Diri

1.	Nama Lengkap	Prof. Dr. Soegiyanto, MS
2.	Jenis Kelamin	Laki-Laki
3.	Jabatan Fungsional	Lektor Kepala Muda
5.	NIP	195401111981031002
6.	Tempat dan Tanggal Lahir	
7.	E-mail	Soegiyanto.ks@mail.unnes.ac.id
8.	Nomor Telepon/HP	
9.	Alamat	
10.	Nomor Telepon/Faks	-
11.	Lulusan yang Telah Dihasilkan	-
12.	Mata Kuliah yang Diampu	- Fisiologi Olahraga
		- Metodologi Penelitian

B. Riwayat Pendidikan

	S-1	S-2	S-3
Nama Perguruan Tinggi	IKIP Semarang	UNAIR Surabaya	UNNES Semarang
Bidang Ilmu	Pendidikan Olahraga	Ilmu Kesehatan Olahraga	Pendidikan Olahraga
Tahun Masuk-Lulus	1980	1988	2009

C. Penelitian Dalam 5 Tahun Terakhir

No	Tahun	Judul Penelitian	Pendanaan
			Sumber
1.	2006	Model Senam Pekerja Untuk Meningkatkan Produktivitas Kerja Buruh	Penelitian Hibah. DP2M.
2.	2006	Prevalensi Obesitas pada remaja di Kabupaten Wonosobo Jawa Tengah	DIPA UNNES
3.	2007	Model Senam Bagi Pekerja Pabrik	DP2M
4.	2008	Survey Aktivitas fisik para buruh di tempat kerja	DP2M
5.	2008	Korelasi antara aktivitas diri dengan kemampuan gerak dasar anak	DIPA UNNES
6.	2008	Pelaksanaan Pusat Pendidikan dan Latihan Pelajar Jawa Tengah	DIPA UNNES
7.	2009	Korelasi Antara Aktivitas Diri Dengan Kemampuan Gerak Dasar Anak.	DIPA UNNES

8.	2010	Pengaruh Konsentrasi Diri Terhadap Kesehatan Holistik Mahasiswa UNNES	DIPA UNES
9.	2010	Pengaruh <i>Jogging</i> dan <i>Swimming</i> terhadap bone mineral density	DIPA UNNES
10.	2010	Pembenahan Kondisi Fisik Atlet Andalan Panahan Nasional Program Indonesia Emas	Penelitian Hibah.Dana Kemenpora
11.	2010	Identifikasi Potensi Gerak Dasar Bagi Anak Usia Dini se Jawa Tengah	DIPA UNNES
12.	2011	Program Glikogin <i>Loading</i> pada pemain Softball Jurusan IKOR	DIPA UNNES
13.	2011	Persepsi Masyarakat Malaysia-Indonesia tentang Olahraga	DIPA UNNES
14.	2011	Keikutsertaan Masyarakat Dalam Kegiatan Olahraga	
15.	2014	Respons alumni terhadap kualitas penyelenggaraan program pendidikan olahraga PPs di Universitas Negeri Semarang	
16.	2015	Pengembangan Model Senam Pra Lansia Sebagai Alternatif Untuk menjaga Kebugaran Pra Lansia Di Jawa Tengah	
17.	2016	Test kesehatan dan kebugaran jasmani menuju konservasi kualitas fisik dosen dan Karyawan universitas negeri semarang	
18.	2016	Pengaruh latihan aquarobics terhadap penurunan stress fisik pada wanita obesitas tipe ii di kota semarang	
19.	2016	Intervensi Model Pendampingan Terfokus Dalam Upaya Percepatan Peningkatan Kualitas Sdm Di Fakultas Ilmu Keolahragaan	
20.	2016	Profil lulusan dan pemetaan kebutuhan masyarakat terhadap sarjana olahraga	
21.	2016	Model Of Integrated Academic Services Melalui Advokasi Berjejaring 2016 (Anggota) sebagai Upaya Pengentasan Prokrastinasi Dalam Menyelesaikan Skripsi Bagi Mahasiswa Fakultas Ilmu Keolahragaan Universitas Negeri Semarang	
22.	2017	Pola Perilaku Prokrastinasi Akademik Dalam Penyusunan Skripsi	
23.	2018	Pengaruh Latihan Aquarobic dan Dose Response Glikemik Indeks (Energy Bars) terhadap Level FGF19 dan FGF23 dan Performa Atlet	
24.	2018	Kualitas Pengelolaan Program Studi Pendidikan Olahraga S3 Pascasarjana Universitas Negeri	

	Semarang	
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D. Pengalaman Pengabdian Kepada Masyarakat Dalam 5 Tahun Terakhir

No	Tahun	Judul Pengabdian Kepada Masyarakat	Pendanaan	
			Sumber	Jumlah
1.		Bimbingan teknis optimalisasi fungsi pengawasan dprd dan peran pemerintah		
2.	2014	daerah dalam pembinaan keolahragaan		
3.	2015	Pelatihan tonnis guru penjas sd dan smp di kota semarang		
4.	2016	Pemdampingan TC nasional sepak takraw		
5.	2018	Identification Sport Talent Di Kabupaten Magelang		

E. Pengalaman Menyampaikan Makalah Secara Oral Pada Pertemuan / Seminar Ilmiah Dalam 5 Tahun Terakhir

No.		Nama Pertemuan Ilmiah/Seminar	Judul Artikel Ilmiah	Waktu dan Tempat

F. Pengalaman Menulis Buku Dalam Jurnal 5 Tahun Terakhir

No.	Judul Buku	Tahun	Jumlah Halaman	Penerbit

G. Pengalaman Memperoleh HAKI Dalam 5 Tahun Terakhir

No.	Judul / Tema HKI	Tahun	Jenis	Nomor P/ID

H. Pengalaman Merumuskan Kebijakan Publik / Rekayasa Sosial Dalam 5 Tahun Terakhir

No.	Judul / Tema Jenis Rekayasa Sosial Lainnya yang Telah Diterapkan	Tahun	Tempat Penerapan	Respon Masyarakat

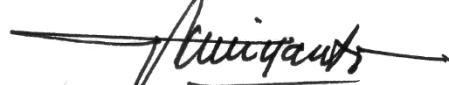
I. Penghargaan yang Pernah Diraih Dalam 10 Tahun Terakhir

No.	Jenis Penghargaan	Insitusi Pemberi Penghargaan	Tahun
1.			
2.			

Semua data yang saya isikan dan tercantum dalam biodata ini adalah benar dan dapat dipertanggungjawabkan secara hukum. Apabila dikemudian hari ternyata dijumpai ketidaksesuaian dengan kenyataan, saya sanggup menerima resikoanya.

Demikian biodata ini saya buat dengan sebenarnya untuk memenuhi salah satu persyaratan dalam pengajuan proposal hibah pengabdian pada masyarakat.

Semarang, 25 Maret 2021



Prof. Dr. Soegiyanto.KS,MS

NIP. 195401111981031002

Researcher 4

A. PERSONAL DETAILS

Name : ANI MAZLINA DEWI BT. MOHAMED (DR.)
Staff No. : 204107
I/C No : 790712-14-6016
Age : 41 YEARS
Post (Present) : SENIOR LECTURER & COORDINATOR
OF STRATEGIC PLANNING & UNIVERSITY
TRANSFORMATION
Department : PHYSICAL & HEALTH EDUCATION
Faculty : EDUCATION
Institution : UNIVERSITI TEKNOLOGI MARA (UiTM)
Service date : 13 JULAI 2006 TO PRESENT
Scopus ID : 57196197127



B. ACADEMIC QUALIFICATION

2020 : PhD in Physical Education, Universiti Putra Malaysia
2007 : M.Sc. in Physical Education, [Universiti Putra](#) Malaysia
2002 : B.Sc. in Sports Science (Hons.), Universiti Teknologi MARA, Malaysia
2000 : Dip. in Health and Fitness, Universiti Teknologi MARA, Malaysia

C. AREAS OF INTEREST

- Curriculum and Pedagogy
- Motor Development
- Health, Fitness and Wellness
- Testing and Evaluation in Physical Education

D. TEACHING RESPONSIBILITIES

Subjects Taught

- SRN 401 (FUNDAMENTAL OF HEALTH)
- SPE 453 (INDOOR SPORT: THEORY & ACTIVITIES) SPS 151 (INTRO. TO ANATOMY AND PHYSIOLOGY) SPS 501 (BIOMECHANICS OF SPORT)
- SPS 602 (KINESIOLOGY) EDU575 (ACTION RESEARCH)
- EDU576 (COCURRICULUM MANAGEMENT)

Current:

- SED 450 (Intro. to PHE Pedagogy) SED 612 (Movement Education)
- SED 611 (Testing, Evaluation & Measurement in Physical Education) SED 502 (Method of Teaching Physical & Health Education)
- SED 651 (Motor Learning Applied to Physical Education)

E. JOURNAL ARTICLE/PUBLICATION/PROCEEDINGS

- a. Ani Mazlina Dewi Mohamed, Atikah Missnan, Mohd Rozilee Wazir Norjali Wazir (2019). Relationship between Parenting Style and Physical Activity Participation among Adolescents, *Advances in Social Science, Education and Humanities Research*, (362), 174-177.
- b. Ani Mazlina Dewi Mohamed, Saidon Amri, Kok Lian Yee & Borhannudin Abdullah (2019). Factors Influencing the Implementation Level of Physical Education in Selangor Primary Schools. *International Journal of Academic Research in Business and Social Sciences*, 9(13), 471–479.
- c. Masnuh Eva Kurniawan, Ani Mazlina Dewi Mohamed, Nur Siyam, Nirmala Fatikha & Nova Alvia Fitriani (2017). Relation between Knowledge and Attitude Regarding DHF With PSN Behavior among the Community around the Campus, *Jurnal Kesehatan Masyarakat*, 13(2), 145-151.
- d. Ani Mazlina Dewi Mohamed, Saidon Amri, Kok Lian Yee & Borhannudin Abdullah (2017). Factors Influencing the Implementation Level of Physical Education in Primary Schools In Selangor. *Proceedings of 4th International Conference on Physical Education, Sport & Health and Workshop*, page 470-476 (ISBN No: 978-967-960-347-7)
- e. Nor Hashima Mohd-Sukor, Mohd Sukri Zainol & Ani Mazlina Dewi Mohamed (2014). Meeting Students' Learning Needs in Classrooms: The Role of Teacher Education in Developing Pre-Service Teachers' Competency. *Prosiding Konvensyen Kebangsaan Pendidikan Guru 2014*, 231-245. (ISBN: 978-983-9264-16-6).
- f. Ani Mazlina Dewi Mohamed, Saidon Amri, Kok Lian Yee & Borhannudin Abdullah (2013). Faktor-Faktor Yang Mempengaruhi Tahap Pelaksanaan dan Pencapaian Objektif Pendidikan Jasmani di Sekolah di Malaysia. *Prosiding Seminar Penyelidikan Pendidikan dan Pembangunan Sumber Manusia*, (ISBN No: 978-967-960-347-7)
- g. Ani Mazlina Dewi Mohamed, Saidon Amri, Kok Lian Yee & Borhannudin Abdullah (2013). Effect of Different Levels of Physical Education Implementation on Gross Motor Development among 7 to 9 Year Old Schoolchildren, *Proceeding of 3rd ASEAN Universities Conference on Physical Education and Sport Science*, page 131. (ISBN No: 978-974-19-5884-9).
- h. Aris Fazil Hj Ujang, Saidon Amri, Kok Lian Yee, Roselan Baki, & Ani Mazlina Dewi Mohamed & Mohd Rozilee Wazir (2013). Biological Maturation and Growth Status among Girls in Malaysia, *Proceeding of 3rd ASEAN Universities Conference on Physical Education and Sport Science*. Page 98. (ISBN No: 978-974-19-5884-9).

- i. Ani Mazlina Dewi Mohamed, Borhannudin Abdullah & Nurul Ain Abdul Talib (2012). Tahap Perkembangan Kemahiran Motor Kasar Kanak-Kanak Felda Awal Persekolahan. Prosiding Seminar Pasca Siswazah dalam Pendidikan, Fakulti Pengajian Pendidikan, Universiti Putra Malaysia, 232-236.
- j. Mohd Rozilee Wazir, Saidon Amri, Kok Lian Yee, Aris Fazil Hj Ujang & Ani Mazlina Dewi Mohamed (2012). Growth Pattern And Peak Growth Of Students Aged 9 To 16, Malaysian Journal of Sports Science and Recreation, 8, 44-49.
- k. An Educational guide book 'Eat Right, Grow Right' (2009). Persatuan Pemakanan Malaysia dengan kerjasama Glaxo Smith.
- l. Mohd. Sofian Omar Fauzee, Marjohan Jamalis, Aminuddin Yusof, Zarina M., Roxana Dev Omar Dev, Hassan Padli M.Y., Norazemi A.G., Junaidi A.R., Ani Mazlina Dewi Mohamed, Rozita Abd Latif, Mastura Johar dan Mohd Nizam Nasaruddin (2009). College Students' Perception on Physical Education Classess during their High School Days, European Journal of Social Sciences, Vol 7 (4), pp 69-76.
- m. Mohd. Sofian Omar Fauzee, Zen, T.C., Mohd Nizam Nazaruddin, Ani Mazlina Dewi Mohamed dan Mohd Noorazam Abd Razak (2009). Participation in Physical Activity, Mainly for Youth Living in Low Cost Residential Areas, Around Kuala Lumpur: What are the Constraints? MASAUM Journal of Social Sciences and Applications, Vol 1, pp 34-41.
- n. Ani Mazlina Dewi Mohamed, Lily Anak Kada, Mohd. Sofian Omar Fauzee, Marjohan Jamalis, , Rozita Abdul Latif (2008). Faktor yang Menggalakkan Penglibatan Siswi Di Dalam Sukan Wanita: Satu Tinjauan Kualitatif, Malaysian Journal of Education, pp 157-174.
- o. Ani Mazlina Dewi Mohamed, Mawarni Mohamed, Ruzli Zairazi dan Mohd Sofian Omar Fauzee (2007). Kebimbangan dan Kemosrotan Prestasi di Kalangan Atlet Lelaki di Peringkat Universiti, Malaysian Journal of Education, Vol. 3, 37-46.

F. SEMINARS/CONFERENCE

- a. A presenter at 4th International Conference on Physical Education, Sport & Health and Workshop (ISMINA) by Universitas Negeri Semarang, Indonesia on 12th to 13th April 2017.
- b. A presenter at ASEAN Conference for Physical Education and Sport Science (ACPESS) 2014 by National Institute of Education (NIE), Singapore on 7th to 9th July 2014.
- c. A presenter at Seminar Penyelidikan Pendidikan dan Pembangunan Sumber Manusia (SPPSM) 2014 by Faculty of Educational Studies, University Putra Malaysia on 15th October 2014.
- d. A presenter at 3rd ASEAN Universities Conference on Physical Education and Sport Science 2013 by Mahasarakham University, Thailand on 25th-27th June 2013.
- e. A presenter at Seminar Penyelidikan Pendidikan dan Pembangunan Sumber Manusia (SPPSM) 2013 by Faculty of Educational Studies, University Putra Malaysia on 10th October 2013.
- f. A participant at Konvensyen Kebangsaan Pendidikan Guru 2013 by Ministry of Education at La Grandeur Resort, Johor on 22th-24th October 2013.
- g. A presenter at Graduate Research in Education Seminar 2012, Faculty of Educational Studies, University Putra Malaysia on 18th November 2012.
- h. A chairman for Parallel Session in 2nd ASEAN Universities Conference in Physical Education & Sports Science 2012 on 7-8 July 2012 at University Putra Malaysia.

G. ACDEMIC ACTIVITIES

- a. Board Editor Member, Journal of Physical Education, Sport, Health & Recreation, Universitas Negeri Semarang, Indonesia.
- b. Technical Program Committee, 2nd Bukittinggi International Conference on Education (BICED) 2020, organized by the Faculty of Education and Teaching State Islamic University Bukittinggi, Indonesia.
- c. Technical Program Committee, 1st Bukittinggi International Conference on Education (BICED) 2019, organized by the Faculty of Education and Teaching State Islamic University Bukittinggi, Indonesia.

H. NON-ACADEMIC CONTRIBUTIONS/ACTIVITIES

- a. Executive Board Member of ASEAN Council of Physical Education and Sport 2018- 2022.
- b. General Secretary of Persatuan Pendidik Jasmani Malaysia 2019-2021.
- c. Reviewer for Multilateral MyTID Module, Institut Sukan Negara from Jan 2016 til complete.
- d. Members of Physical Education & Sports Science Postgraduate Association (PESSPA), University of Putra Malaysia from 2012/2013.
- e. Advisor of Physical Education & Sports Science Postgraduate Association (PESSPA), University of Putra Malaysia from 2012/2013.
- f. Committee Members for ASEAN Universities Conference in Physical Education & Sports Science 2012 on 7-8 July 2012 at University Putra Malaysia.
- g. President of Physical Education & Sports Science Postgraduate Association (PESSPA), University of Putra Malaysia from 2010/2011 to 2011/2012.

Researcher 5

PERSONAL DETAILS



Prof Madya Dr. Mawarni binti Mohamed

Faculty of Education

Level 5, Bangunan FSK 1,5

Kampus PuncakAlam, UiTM

42300 Bandar PuncakAlam

Selangor Darul Ehsan, MALAYSIA

Tel : +603-3258 4932 / Fax: +603 32584994

Email : mawarnim@uitm.edu.my

mmawarni@gmail.com

EDUCATION

PhD in Leisure Studies (Educational Management, Planning and Policy), University Malaya (2013)

Master Science in Sports Science, University Of New South Wales, Australia (1998)

Bachelor of Education (Hons) In Teaching English as a Second Language (TESL), University National Malaysia/ITM (1994)

Certificate of Matriculation TESL Program, PPP/ Mara Institute of Technology (ITM), Shah Alam (1990)

EMPLOYMENT HISTORY

Teaching Experience

1. Lecturer at Universiti Teknologi MARA
 - a. Faculty of Education: 2002- present
 - b. Faculty of Sport Science: 1999-2002
2. Teacher at Sekolah Menengah Meru, Klang (1994-1999) – Teaching English & Physical Education

Administrative Position

Head of Academic Center for Science, Mathematics and Physical Health Education Studies (Jan 2021 – Jan 2022)

Coordinator Program, Physical and Health Education, Faculty of Education (2013 to Feb 2020)

Physical and Health Education Program Coordinator (2004-2006)

Out Campus (PLK) Coordinator (2003-2004)

Physical and Health Education Program Coordinator (2002-2003)

GRANTS

2019

1. Fundamental Research Grant (**FRGS-RACER**) Phase 1 Ministry of Education. RM25,200.00. *Model of Healthy Lifestyle Index*. Project member.

2018

1. Geran Dana Universiti Cawangan Selangor (DUCS). RM10.000. *An Exploratory Study on Gross Motor Development Status of 7-9 Years Old School Children in Selangor*. Project member.

2017

1. Fundamental Research Grant (**FRGS**) award by Ministry of Higher Education. RM 129,500. *Understanding the Relationship of Gut and Oral Microbiota with Cognitive and Behavioral Stress Response among University Students*. Project member.

2016

1. **Lestari** Research Grant Awarded Research Management and Innovation, UiTM. (RM5, 000). “The Implementation Of Physical Education Subject In School: Analyzing Students' Needs And Teachers' Attitudes”. **Project Leader**
2. Faculty’s Research Grant on ‘*Wellness, Affective And Psychomotor Self-Perception: Investigating The Traditional Malaysian Game Of Batu Seremban*’ at the 2nd International Conference on Physical Education, Health and Sport (ACPES 2016) on September 2-5, 2016 at Pearlmont Hotel, Cagayan de Oro City, Philippines. (RM1, 500). **Project Leader**.

2014

1. Research Management Institute (RMI), UiTM. English language for Business Communication and Management for VP and Senior Executive Groups. Iskandar Industry Berhad. **Facilitator/speaker**. (RM40,000)
Module: ‘Enhancing Leadership In Organizations’
Module: ‘Staff Training and Development’

AWARDS

2019

1. Excellent award for achieving 96% SKT in year 2019.

2017

1. Appreciation award for Quality Service year 2017. Appreciation Event, Faculty of Education, UiTM

2016

1. Academic & Professional Empowerment Linkages **Award**, Staff Appreciation, Faculty of Education, UiTM.
2. Academic Management Professional Contribution **Award**, Staff Appreciation, Faculty of Education, UiTM.

2014

1. Excellent Quality Service **Award** 2014, Faculty of Education, UiTM Shah Alam.
2. Exhibition participation **Award** for ‘Majlis Anugerah Kecemerlangan Perhubungan Industri dan Masyarakat’ (AKPIM 2014)/Excellent Award Event of Industry, Community & Alumni Network (ICAN) entitled ‘Show Your Specialty: Express Your Ability and Equality Community’ for Special Population Category.

2013

1. Excellent Service Award 2013 (APC), Faculty of Education, UiTM Shah Alam.

PROFESSIONAL AFFILIATION

1. **WLO (World Leisure Organization)** special Interest Group on Leisure Innovation -2019
2. **WLO (World Leisure Organization)** special Interest Group on Leisure Education-2019
3. International Advisory Board for **ACPES** (ASEAN Council of Physical Education and Sport) Conference, University Semarang UNNES. 2019
4. Council member for **ACPES** (ASEAN Council of Physical Education and Sport) representing Malaysian University (UiTM) 2017-2018
5. Ordinary Member for **Leisure Studies Association UK (LSA)** - 2009-2010

PAPER

PRESENTATIONS/TALKS/CONFERENCES

2020

1. **Mawarni, M. & Syukur, S.M** (2020). *Physical Activities Through Mini Games: Intervention Towards Desirable Behavior for Children with Autism*. SOCIOINT 2020- 7th International Conference on Education and Education of Social Sciences, 15-17 June 2020. Turkey.

2019

1. **Mawarni, M. & Amirah C.** (2019). *Sports for Disabled: Preferences and Perceived Barriers among People with Disabilities*. Institutional Speaker. The 5th International Conference On Physical Education, Health And Sport

ASEAN Council of Physical Education And Sport, Universiti Semarang UNNES,

2018

1. **Mawarni, M & Nik A. K.** (2018). *Attitudes and Factors Affecting the Implementation of Physical Education among Secondary School Students*. World Conference on Social Sciences, Technology & Innovation (WSTI2018). 17-18 December, 2018. Copthorne Orchid Hotel Penang.
2. **Mawarni. M. & Puteri, A. T** (2018). “... *It is not just for Leisure*”: *Traditional Game for Teaching Innovation*. 8thInternational Conference on University Learning and Teaching (InCULT 2018) , 28-29th November. Concorde Hotel, Shah Alam.
3. **Mawarni. M.** (2018). *Exploring the Educational Aspects of Malaysian Traditional Game: Perspective Of Asean Youth*. Institutional speaker in 5th International Conference on Movement, Health and Exercise 2018 & 4th Conference of ASEAN Council of Physical Education and Sport 2018 MOHE (MOHE/ACPES 2018). 25-26 September. Hotel Tenera, Bandar Baru Bangi, Selangor.

2017

1. **Mawarni. M., Hussin. S. & Aman, M.S.** (2017). *The Contribution of Organized Leisure Toward Achieving Quality of Life: Indicators from Youth Leisure Satisfaction across SES*. 4th International Conference on Physical Education, Sport and Health and Workshop (ISMINA 2017), Faculty of Sports Science, Universitas Semarang, Indonesia. 12-13 April 2017, Semarang Indonesia.
2. **Mawarni. M., & Azmi. M.** (2017). *Perceived Risk Level In Outdoor Adventure Education Programs: Views Of Participants And Instructors*. The 3rd International Conference On Physical Education, Health And Sport ASEAN Council of Physical Education And Sport. (ACPES 2017) 2-5 September 2017. Kamphaeng Saen Campus, Thailand.
3. **Mawarni. M., & Nabilah. Y.** (2017). *Teachers Attitudes Towards The Implementation Of Physical Education Subject In Schools*. The 3rd International Conference On Physical Education, Health And Sport ASEAN Council of Physical Education And Sport. (ACPES 2017) 2-5 September 2017. Kamphaeng Saen Campus, Thailand.

2016

1. **Mohamed, M. & Othman, M.N.** (2016). *Perceived Leadership Styles and Its Relationship with Team Cohesion: Coaching Preference by University Athletes*. 8thInternational Conference on University Learning and Teaching (InCULT 2016). 29th Nov – 01 Dec, 2016 in Krabi, Thailand.
2. Speaker for Tabung Pendidikan 1billion (1billion Education Fund **TP1B**)- Smart Camp For Disadvantaged Students. Nov 2016 at Dewan PLKN Paya Indah, Sepang. “Time Management” and “Leadership Skills through Outdoor Activities”.
3. Akhsan, N.F., **Mohamed, M.** & Malek, M. (2016). *Women Preferences in Types of Sports and Exercises: How Active Is Their Involvement?* Conference Of ASEAN Council Of Physical Education And Sport (ACPES). Harmony Amidst Diversity: Strengthening Collaboration in Sport, Health and Physical Education. 2-5 Sept. Pearlmont Hotel, Cagayande Oro City, Philippines
4. Malek, M., **Mohamed, M.** & Kamal, A.A. (2016). *A Survey on Motives for Physical Activity Participation and Physical Activity Level among Women: Youth vs. Adulthood*. Conference Of ASEAN Council Of Physical Education And Sport (ACPES). Harmony Amidst Diversity: Strengthening Collaboration in Sport, Health and Physical Education. 2-5 Sept 2016. Pearlmont Hotel, Cagayan de Oro City, Philippines
5. Kamil, N.A., & Mohamed, M. (2016). *Students' Attitude towards the Implementation of Physical Education in Malaysian Schools*. Conference Of ASEAN Council Of Physical Education And Sport (ACPES). Harmony Amidst Diversity: Strengthening Collaboration in Sport, Health and Physical Education. 2-5 Sept. 2016. Pearlmont Hotel, Cagayan de Oro City, Philippines

2015

1. **Mawarni, M.** International Conference Of Asean Council Of Physical Education And Sport (ACPES 2015) –Enhancing the Quality of Services in Physical Education, Health and Sport for a Better Future. 15th – 18th Sept 2015, Semarang, Jawa Tengah, Indonesia. *‘Perceived Body Image and Lifestyle Behaviors Among Female Students With Weight Dilemmas’*.
2. **Mawarni, M.** (2015). 2nd International Conference on Education and Social Sciences (INTCESS15) – 2nd – 4thFeb 2015, Istanbul, Turkey. *‘Managing Organized Leisure Activities: Policy Implementation From State To School’*.

2014

1. 7th International Conference on University Learning And Teaching (InCULT 2014) - Educate to Innovate in the 21st century. 2-3rd Dec 2014, Hotel Grand Blue Wave. Shah Alam, Selangor. *'Experiential Learning In The Wilderness: Outdoor Education Program Toward Enhancing College Students' Leadership Practices'*.

2013

1. Presenter for Forum of University Malaya, Forum of Supply and Trainee Teacher for Vocational Education/ Islamic Education/ Art/ Sport. 1 8-19 November 2013

2010

1. International Conference Of University Learning & Teaching (InCULT 2010) - Issues for the Future, 29 – 30 June 2010. Hertfordshire University, UK. *'Leisure Activities And Attitude Amongst Malaysian Youths In The Context Of Young Partners Policy'*

2009

1. International Conference on Leisure Society Association (LSA 2009) - Experience, Participating, Planning, Providing. 7th – 9th July 2009, University Christ Church, Canterbury, Kent, UK. *'Freetime among Young Malaysians: Active Vs Passive Leisure Experience'*.

PROFESSIONAL

ACTIVITIES/SERVICES _____

2021

1. Section Editor in Editorial Board for ACPES JOURNAL OF PHYSIAL EDUCATION, SPORT & HEALTH (AJPSH)

2020

1. Head of Ethics committee, Faculty of Education. UiTM Puncak Alam.
2. Panel Temuduga Penajaan Hadiah Latihan Persekutuan (HLP) Peringkat Kedoktoran (PhD) Pegawai Perkhidmatan Pendidikan (PPP) tahun 2020.

2019

1. Committe for Staff Evaluation PRO-PENS (Jan 2019-Jan2021) Faculty of Education UiTM Puncak Alam.
2. Resourse Person for Courses: SED693 (Special Issues in PHE), SED690 (Adapted Physical Edu), SED653 (Aquatic), SED462 (Leisure Studies).
3. Panel member for the development of University Teaching Evaluation Self Assesment Instrument (TESA) Universiti Teknologi MARA.
4. Ahli Jawatankuasa Akademik Fakulti. 1 Februari 2019-28Februari 2020

2018

1. Committee member in the InCULT (Faculty Education). 28&29 November 2018
2. Committee member Faculty Academic (JAF). 1 April-31 December 2018

2017

1. Curriculum committee member of Faculty Education, UiTM.
2. Committee for VETTING (Faculty of Education). 2 January -31 December 2017.
3. Committee for Finishing Schools Program. 17-18 June 2017
4. Interviewer for lecturers intake. 5 April 2017
5. Committee for introduction program ISMP (Faculty of Education), intake Mac-Julai 2017. 6 Mac 2017.
6. Committee for Academic Mission (Faculty of Education). 2 January – 31 December 2017.
7. Committee for QUALITY ASSURANCE SYSTEM (Faculty of Education). 2 January – 31 December 2017.
8. Committee for Scheduling (PJK) (Faculty of Education). 2 January – 31 December 2017.
9. Interviewer for ISMP , intake session 1 2017/2018 (Faculty of Education). . 17 Jun 2017
10. Committee for Pre-Practicum As Facilitator (Faculty of Education). 19 Jun 2017
11. Committee for students leadership activity (Faculty of Education). 2 January – 31 December 2017.
12. Head committee of Sport Development (Faculty of Education). 2 January – 31 December 2017.
13. Interviewer for pre- TESL, , intake session 1 2017/2018 (Faculty of Education). 22-23 April 2017
14. Committee for ‘EKSPLO SELANGKAH KE UITM 2017’. 26 Mac 2017
15. Head committee of Sponsorship and Sales “EDU UiTM HOMECOMING 2017” (Faculty of Education). 14 October 2017.
16. Committee for MQA 02 Documentation (DEEMED ACCREDITED) (Faculty of Education). 1 September 2017.
17. Editor for EDITORIAL BOARD “ASIAN JOURNAL OF UNIVERSITY EDUCATION (AJUE)”. 1 January -31 December 2017.

2016

1. Editorial Board (Asian Journal Of University Education- AJUE),
2. Committee for Research, Innovation and Commercialization, Faculty of Education. 12 April 2016

3. Committee for 'Program Usahasama UiTM' (Kolej Teknologi Timur). 22 December 2016
4. Committee for 'Tabung Pendidikan 1 Billion- Kem SMART 2016'. 20-23 Mac 2016.

2015

1. Committee for delegation visit from Fakultas Keguruan Dan Ilmu Pendidikan (FKIP), Universitas Sultan Ageng Tritayasa, Indonesia to Faculty of Education, 23 Octobers 2015
2. Committee for Research Team, Faculty of Education.
3. Committee for PRISMA, Faculty of Education
4. Committee for Curriculum Vetting and Evaluation of Academics, Faculty of Education.
5. Committee for Quality Unit (QUALITY ASSURANCE SYSTEM), Faculty of Education
6. Committee for Post-Practicum Seminar, Faculty of Education, 6 July 2015
7. Content Expert for Research progress Presentation Session, 16 April 2015
8. Committee for UiTM Entrepreneurial Award Competition (UIEA 2015), 3 April 2015
9. Committee for Outcome Based Education (OBE) UiTM

2014

1. Reviewer for Research Paper in International Conference in University Learning & Teaching (InCULT 2014), 2-3 December 2014
2. Vetting committee for Faculty of Education
3. Pre-Practicum Seminar committee, Faculty of Education, 22 July 2014
4. Member for Quality team (AUDIT SYSTEM), Faculty of Education, 21 Mei 2014
5. Committee for Building Item Workshop, Faculty of Education, 11 April 2014
6. Committee for Vetting of Final Examination Paper, Faculty of Education
7. Curriculum Committee, Faculty of Education
8. Committee for Asian Centre for Research on University Learning and Teaching (ACRULeT) Publication, Faculty of Education

2013

1. Committee For **Meeting Of The Deputy Vice-Chancellor (Academic & International) With Deputy Dean (Academic), Deputy Rector (Academic), Assistant Rector (Academic) And Assistant Registrar (Academic)** META XII Faculty of Education, 3 Jun 2013

2012

1. Committee for Practicum, Faculty of Education, 27 July 2012
2. Committee for Vetting, Faculty of Education

3. Committee member for Self Review Report In Quality Control unit, Faculty of Education, 27 July 2012

2011

1. Assistant Head for Safety Committee, World Scholars Cup Program, 2011

REVIEWER

1. Penilai manuskrip Journal Penyelidikan Tempawan Jilid XXXVII 2020 Institut Pendidikan Guru Kampus Ilmu Khas. Julai 2020
2. Abstracts reviewer for ASEAN Council of Physical Education and Sport (ACPES) 2017 Conference.
3. Master Thesis Reviewer “The Reliability and Validity of Understanding Physical Activity Concept Questionnaire (UPACQ). January 2017
4. The 7th International Conference On Postgraduate Education (ICPE-7) 2017. ‘Effects of Outdoor Education Camps on Life Effectiveness skills among Public Universities Students in Malaysia’
5. Peer Reviewer Jurnal Penyelidikan Tempawan 2016, Jilid XXXIII, Institut Pendidikan Guru, Kampus Ilmu Khas. ISSN 0127-1693
6. Reviewer for Special Issue ULUM Islamiyah Journal. 24 April 2016. ‘Naqli-Aqli socio-cultural instructional discourses: characteristics analysis’
7. Paper Reviewer, Faculty of Education, 7th International Conference On University Learning And Teaching (INCULT 2014) Proceedings, 2014.
8. Examiner for Method Expert Session Defence of Research Proposal (DRP). PHD. Education (ED950). 24 Ogos 2017
9. Examiner for Dissertation (EDU755). 23 June 2017.
10. Manuscript Reviewer “Formal University Education And Job Competency Of New Engineers In Automotive Industry In Malaysia’. December 2016

PUBLICATIONS

CHAPTERS IN BOOKS

1. Mazura, M., **Mawarni, M.**, Mohd. Asri, M.N & M. Fauzi, K. (2017). Chapter 10: People Management. Toolkits for 21st Century Teaching. Practical Implications for the 4th Industry Skills Development. Penerbit Pess, UiTM, Malaysia.
2. Hamid, S. F. A., &**Mohamed, M.** (2016). Experiential Learning In The Wilderness: Outdoor Education Program Toward Enhancing College Students' Leadership Practices. In *7th International Conference on University Learning And Teaching (INCULT 2014)* p. 525-535. Springer Singapore.
3. **Mawarni Mohamed**, "Leisure Education: Concepts And Efficacy" (2004) Reflections And Aspirations Enhancing Teaching And Learning. A Festschrift To Honor Prof. Dr. Hazadiah Mohd Dahan. Faculty Of Education, Uitm, Shah Alam.

ARTICLES

&

PROCEEDINGS

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2021

1. Fauzi MF, Anuar TS, Teh LK, Lim WF, James RJ, Ahmad R, **Mohamed M**, Abu Bakar SH, Mohd Yusof FZ, Salleh MZ. Stress, Anxiety and Depression among a Cohort of Health Sciences Undergraduate Students: The Prevalence and Risk Factors. *International Journal of Environmental Research and Public Health*. 2021; 18(6):3269.

<https://doi.org/10.3390/ijerph18063269>

2020

1. **Mawarni, M.** & Syukur, S.M (2020). Physical Activities Through Mini Games: Intervention Towards Desirable Behavior for Children with Autism. Proceedings of SOCIOINT 2020- 7th International Conference on Education and Education of Social Sciences, 15-17 June 2020. Page 93-101. (ISI Conference Proceeding)

https://www.ocerints.org/socioint20_e-publication/papers.html

2019

2. Mawarni, M. & Putri Aquila, T. (2019). Aspects of Wellness in a Traditional Leisure Time Game: An Integrated Approach for Teaching Innovation.

ASIAN Journal of University Education (AJUE). Vol 15, No:3. (Special Issue). Page 103-116.

<http://myjms.moe.gov.my/index.php/AJUE/article/view/7822>

3. M. Izwan, I., Nur Ain A. B. & **Mawarni, M.** (2019) Assessment And Modulation Of Student Behavior Through Persuasive Design. **ASIAN Journal of University Education (AJUE)**. Vol 15, No:3. (Special Issue). Page 117-128.
4. Rahman, Z. A., **Mohamed, M.**, Ismail, M. I., & Arujunan, R. a/l. (2019). Digital Version for Obesity Predictor Instrument Among Adolescents. **International Journal of Academic Research in Business and Social Sciences**, 9(13), 96–106.
(PDF) *Digital Version for Obesity Predictor Instrument Among Adolescents*.
https://www.researchgate.net/publication/340134973_Digital_Version_for_Obesity_Predictor_Instrument_Among_Adolescents

2018

1. Salaudin, A.K., **Mawarni, M.** & Kamal, A.A (2018). The Job Characteristics Model: An Extension To Physical Education Teachers Motivation. Proceedings of MOHE/ACPES Conference 2018 “Faster, Higher, Stronger: Technological Advancements in Sports & Physical Education”.
2. **Mawarni M**, Mohd N Othman, Norsidah M Noordin (2018). *Perceived Leadership Styles and Its Relationship with Team Cohesion: Coaching Preference by University Athletes*. **Journal of Economic & Management Perspectives**. Vol:12, No:1. Page 610-615. International Economic Society

2017

1. **Mawarni, M.** & Hamid, S.S. (2017). The Impact of Community Settlement on Leisure Time Use and Body Composition in Determining Physical Lifestyles among Women. *World Academy of Science, Engineering and Technology*. **International Journal of Humanities and Social Sciences**. Vol:11, No:2, 2017
2. Marwa, M., & **Mawarni, M.** (2017). Physical Activity Level among Women: Promoting Sports and Exercise across Demographic Determinants. ERIC. **ASIAN Journal of University Education (AJUE)** Vol.13, No:1. Page 79-92. June 2017 ISSN 1823-7797

3. Halina, O., & Mawarni. M (2017). *The Influence Of Mobile Phone Technology On Physical Activity: Perspective Of Urban Youth*. Proceeding Of International Conference Of Asean Council Of Physical Education And Sport (Acpes) 2017: Best Practice For Asean Community: Enhancing Physical Activity, Physical Education, Sport, Health And Recreation Education and Development Sciences Faculty, Kasetsart University Kamphaeng Saen Campus, Thailand. ISBN: 978-616-278-391-3
4. Elsey, L. R., & Mawarni. M., (2017). *The Influence Of Personality Traits And Academic Achievement Among Physical And Health Education Students: An Analysis Toward Mediating Teaching Styles*. Proceeding Of International Conference Of Asean Council Of Physical Education And Sport (Acpes) 2017: Best Practice For Asean Community: Enhancing Physical Activity, Physical Education, Sport, Health And Recreation Education and Development Sciences Faculty, Kasetsart University Kamphaeng Saen Campus, Thailand. ISBN: 978-616-278-391-3
5. Castyana, B., Arif. M., Mawarni, M. & Ani Mazlina, M. (2017). *Traditional Games as Potential Multi-Sports Event In Southeast Asia*. Proceeding Of International Conference Of Asean Council Of Physical Education And Sport (Acpes) 2017: Best Practice For Asean Community: Enhancing Physical Activity, Physical Education, Sport, Health And Recreation Education and Development Sciences Faculty, Kasetsart University Kamphaeng Saen Campus, Thailand. ISBN: 978-616-278-391-3
6. Mawarni. M., & Nabilah. Y. (2017). *Teachers Attitudes Towards The Implementation Of Physical Education Subject In Schools*. Proceeding Of International Conference Of Asean Council Of Physical Education And Sport (Acpes) 2017: Best Practice For Asean Community: Enhancing Physical Activity, Physical Education, Sport, Health And Recreation Education and Development Sciences Faculty, Kasetsart University Kamphaeng Saen Campus, Thailand. ISBN: 978-616-278-391-3
7. Mawarni. M., & Azmi. M. (2017). *Perceived Risk Level In Outdoor Adventure Education Programs: Views Of Participants And Instructors*. Proceeding Of International Conference Of Asean Council Of Physical Education And Sport (Acpes) 2017: Best Practice For Asean Community: Enhancing Physical Activity, Physical Education, Sport, Health And Recreation Education and Development Sciences Faculty, Kasetsart University Kamphaeng Saen Campus, Thailand. ISBN: 978-616-278-391-3

2016

1. Mawarni, M. & S. Shahira A. H. (2016). World Academy of Science, Engineering and Technology
2. Abdullah, N.M., Tumijan, W., Parnabas, V., Shapie, M. N. M., Hamid, N.A., **Mawarni, M.**,&Ahmad, A. (2016). Predicting The Physical Fitness Level Among Students With Hearing Impairment. In *Proceedings Of The 2nd International Colloquium On Sports Science, Exercise, Engineering And Technology 2015 (ICOSSEET 2015)* (Pp. 67-77).Springer Singapore.
3. Abdullah, N.M., **Mawarni, M.**, Tumijan, W., Parnabas, V., Ponnusamy, V., Shapie, M. N. M., & Omar-Fauzee, M.S. (2016). The Differences In Physical Fitness Levels Between Hearing And Visually Impaired Students. In *Proceedings Of The 2nd International Colloquium On Sports Science, Exercise, Engineering And Technology 2015 (ICOSSEET 2015)* (Pp. 203-213). Springer Singapore.
4. Marwa, A.M., S. Muzlia, S.M., **Mawarni, M.**(2015).Perceived Body Image and Lifestyle Behaviors Among Female Students With Weight Dilemmas. Proceedings in International Conference Of Asean Council Of Physical Education And Sport (ACPES). Semarang, Jawa Tengah, Indonesia.
5. Kamal, A. A., Radzani, M., **Mawarni, M.** (2015). Motives And Level Of Physical Activity Among Malaysian University Staff. Proceedings in International Conference Of Asean Council Of Physical Education And Sport (ACPES). Semarang, Jawa Tengah, Indonesia.

2015

1. **Mawarni, M.** (2015). Managing Organized Leisure Activities: Policy Implementation From State To School. *Proceedings of INTCESS15-2nd International Conference on Education and Social Sciences*, Istanbul, Turkey
2. Marwa, A. M. & **Mawarni, M.** (2015) '*Perceived Body Image and Lifestyle Behaviors Among Female Students With Weight Dilemmas*'. Proceeding International Conference Conference Of Asean Council Of Physical Education And Sport (**ACPES 2015**) –Enhancing the Quality of Services in Physical Education, Health and Sport for a Better Future. ISBN:978-979-19764-4-2

2014

1. **Mohamed, M.** & Hamid, S. F. A. (2014) Enhancing Leadership Practices: An Outdoor Education Perspective. *Asian Journal Of University Education*, Faculty Of Education (AJUE).VOL110, p 47

2009

1. Aman, M.S., **Mohamed, M.**, & Omar- Fauzee, M. S. (2009). Sport For All And Elite Sport: Underlining Values And Aims For Government Involvement Via Leisure Policy. *European Journal Of Social Sciences*, 9(4), 659-668.

2007

1. Aman, M., Fauzee, M., & **Mohamed, M.** (2007).The Understanding Of Meaning And Cultural Significance Of Leisure, Recreation And Sport In Malaysia Towards Capitalizing Human Resources. *Journal Of Global Business Management*, 3(2), 129-135.
2. Mohamed, A. M. D., **Mohamed, M.**, Zairazi, R., Fauzee, M., & Omar, S. (2007). Kebimbangan Dan Kemerosotan Prestasi Di Kalangan Atlet Lelaki Di Peringkat Universiti.

2006

1. Sofian, M., Fauzee, **Mawarni, M.**, O., LeeTeik, S., Zarina, J., Jamil, R., &Zainudin, A. (2006). Persepsi Guru Sukan Terhadap Aspek Keselamatan Dalam Program Sukan

OTHER

WRITINGS/PUBLICATIONS

2019

1. 'Sports For All' untuk Pelajar Pendidikan Khas. Newsletter. UiTM News Hub

2018

1. **Social Innovation Book. Faculty of Education.**
 - a) Le Paralympique De Section 17 (Chapter 7)
 - b) Innovative Activity with Special Community (Chapter 8)
 - c) Save our Rainforest Race 2018 (SORR) (Chapter 15)

2014

1. Manual 'School Health Program' e-PJJ Program, Institute of Neo Education, UiTM, Shah Alam. Azlan Kamal &**Mawarni Mohamed**
2. Manual 'Physical Education For The Disabled' e-PJJ Program, Institute of Neo Education, UiTM, Shah Alam. **Mawarni Mohamed**

2011

1. Manual 'Contemporary Curriculum In Physical And Health Education' ePJJ Program, Institute of Neo Education, UiTM, Shah Alam. **Mawarni Binti Mohamed**, Zaharul Azwan Abd Razak, Azlan Ahmad Kamal & Amarlina Ishak.

WORKSHOPS/SEMINARS/COLLOQUIUMS

ATTENDED

2020

1. 5th International Seminar on Public Health and Education (ISPHE), July 22, 2020. Universitas Negeri Semarang, Indonesia
2. Ucs Research & Publication Webinar : Embracing Technology In Open Distance Learning (Odl) : A Minimalist Approach To Designing Meaningful Learning Experience. 5/5/2020
3. Developing Organization Talent: Leadership Transformation - Creating Immersive Change Experiences. 21/7/2020

2019

1. Seminar Kebangsaan Majlis Dekan Pendidikan Universiti Awam 2019, Fakulti Pendidikan, UiTM Cawangan Selangor. 8-9 Oktober 2019
2. Bengkel Pembangunan Laman web Akademik Profesional, FACULTY OF Education UiTM,
3. Strategic Planning Workshop for head of departments. INTEKMA Resorts, 20-21 September 2019
4. Bengkel KSSM for Physical Education, 5th October, 2019. DK500, UiTM Kampus Cawangan Selangor. 5th october 2019
5. Internal Audit in ISO 9001:2015. Studio PJK Faculty of Education, UiTM Puncak Alam. 5-6 August 2019
6. Seminar on Education 5.0 DSB, UiTM Shah Alam, 25 April 2019.
7. Workshop on new program development, Institute of Leadership Development, Bandar Enstek. 10-11 July 2019.

2018

1. Bengkel penulisan kertas penyelidikan anjuran Institut Kualiti dan Pengembangan Ilmu (INQKA) dan Institut Pengurusan Penyelidikan & Inovasi (IRMI) siri-9. 25-27 Julai 2018. Dewan Seri Budiman UiTM Shah Alam.
2. Bengkel Interaktif iCGPA dan Bengkel Semak Semula Program Pasca Siswazah, Fakulti Pendidikan. Corus Paradise resort, Port Dickson. 30 mac-1 April 2019
3. Program on 'Kita & Autisme 2018'. Bilik seminar 2, PTAR UiTM Kampus Puncak Alam.

2017

1. Participants for 'SELF-REVIEW REPORT' workshop (Faculty of Education, UiTM). 7 & 8 February 2017
2. NEURO-LINGUISTIC PROGRAMME (NLP). Faculty of Education, UiTM Puncak Alam. 4 Mei 2017

3. E-Learning certification. (Faculty of Education). 3 Mac 2017
4. Attended 'ACADEMIC DISCOURSE SERIES' (Faculty Of Education). 23 Mei 2017

2015

1. Simposium Agung Pemimpin Tertinggi Mahasiswa Malaysia-Indonesia 2015. Organized by Sekolah Tinggi Keguruan Ilmu Pendidikan at Dewan Besar, Sekolah Tinggi Keguruan Ilmu Pendidikan Pasundan, Chimahi. (9th October 2015)
2. Outcome-Based Education (Assessment For Learning [Cognitive, Affective & Psychomotor]). Organized by Institute of Leadership & Quality Management (iLQAM) UiTM (27-28th April 2015)
3. Grooming For Promotion (Career Route Map of UiTM Lecturers). Organized by Institute of Leadership & Quality Management (iLQAM) UiTM (30th March 2015)
4. Outcome-Based Education (Curriculum Development For Higher Education). Organized by Institute of Leadership & Quality Management (iLQAM) UiTM (24-25th March 2015)

2012

1. Bengkel Memahami Ketidakupayaan Kearah Inklusif dan Forum Diskusi Isu Diskriminasi oleh OKU di Malaysia dan Global, UiTM
2. Item Development and Introduction to JSU Workshop: Lembaga Peperiksaan Malaysia (11 Aug 2012)
3. Workshop On ATP, Entrance/Exit Survey and i-Class Registration (5 Mar 2012)
4. Syarahan Perdana :Transformasi Minda Penyelidik Muda (22 Feb 2012)
5. Pelancaran Transformasi Akademik Uitm 2012 (Act2012) (31 Jan2012)

2011

1. National Colloquium. INTEKMA Resort & Convention Center, 16thDecember 2011
2. Leadership Symposium iLQAM.(2011)
3. National Colloquium: Bordering, re-bordering & New Horizons for Education Transformation. INTEKMA Shah Alam (2011)

2020

1. Reviewer, Special Edition of *International Conference on Innovative Sciences and Technologies for Research and Education (InnoSTRE)*, Oct 2020.
2. Panel penilai Program Penajaan Hadiah Latihan Persekutuan (HLP) peringkat Kedoktoran Pegawai Perkhidmatan pendidikan. KPM
3. External examiner PhD for Gomal University, Dera Ismail Khan, Pakistan.

2018

1. Reviewer Panel, Tempawan Reseach Journal, XXXV Edition,, Institut Pendidikan Guru, Kampus Ilmu Khas
2. Paper Reviewer for World Conference on Social Sciences, Technology & Innovation (WSTI2018)

2017

1. Josephine Nicholas Duda (2012495734): An Investigation On Teacher's Knowledge On The Implementation Of School Sport Camp (SSC) In Kuching.
2. Azlin binti Ani (2011560977): The Reability And Vadility Of Understanding Physical Activity Concept Questionnaire (UPACQ)
3. Nur Amyra bt Kamarudin (2014193609): The Design Development And Evaluation Of An Anti-Bullying Kit For Secondary School Students

2016

1. Nor Amin Ramli (2014984579): Placed – Based Learning Surrounding: Students Perception Of Environmental Experience In learning Science
2. Noor Yusma Mohd Yusof Akhbar(2012224664): The Service Quality And Student Satisfaction In Private And Public Higher Education Institution.

2015

1. Tuan Nohaleza binti Rajan Muhammad (2012271348)

2014

1. Zakhwan Aunie Al-Haffizz Zakaria (2011883648): The Relationship Between Language Learning Motivation And Attitude Among Science Students: A Case Study Of A Private Collaege Students.
2. Nini Lenta ak Peter Ballak : Language Learning Styles of ESL Learners in English Classroom in Technology College of Sarawak, Kuching

2013

1. Garcia Elsie Harrin (2010424928): Listening Style Of ESL Instructional Leader In Secondary Schools In Sri Aman, Sarawak.
2. Loretta George Ak Winkle Engkasan (2011409646): Learning Style Preferences Of Form Five Students.

INNOVATIONS

2020

1. **Gold Award**, e-Seminar Penyelidikan dan Inovasi Dalam Pendidikan 2020 (e-SPeDIP2020). Natinal Level. **Exp: Gamification of Higher Level Education**. 24-25 Jun 2020. Miri, Sarawak

2019

1. **Gold Award**, 10th Educational Innovation, Creativity and Design Competition (EiCD 2019). Faculty of Education, UiTM Puncak Alam. **Smart-Traffic Signal Controller with Security Surveillance System – Advisor & project member**
2. **Silver Award**, 10th Educational Innovation, Creativity and Design Competition (EiCD 2019). Faculty of Education, UiTM Puncak Alam. **Smart Street Lighting. – Advisor & Project member**
3. **Gold Award**, 2nd Digitalized International Invention, Innovation and Design Johor 2019 (DIID Johor 2019). 29 August 2019, Hotel Amansari, Masai Johor. **EXP: Gamification of Higher Level Education.- Project member**
4. **Silver Award**, Sarawak Invention, Innovation & Design Expo (SiDEX 2019) **Category: Teaching & Learning Innovation**. Sarawak. **EXP: Gamification of Higher-Level Education. - Project member**

2018

5. **Bronze Award**, Invention, Innovation & Design Exposition 2018 (IIDEX 2018), DATC, Universiti Teknologi MARA, 24-28 September 2018. **EXP: Gamification of Higher-Level Education. - Project member**
1. **Gold Award**, , Educational Innovation, Creativity and Design Competition (EICD 2018). Faculty of Education, Dewan Berlian UiTM Cawangan Selangor. 24 Mei 2018. **Hoppy Card Game – Advisor and Project member**.
2. **Silver Award**, , Educational Innovation, Creativity and Design Competition (EICD 2018). Faculty of Education, Dewan Berlian UiTM Cawangan Selangor. 24 Mei 2018. **Fun Vowel Ladder - Advisor and Project member**.
3. **Silver Award**, , Educational Innovation, Creativity and Design Competition (EICD 2018). Faculty of Education, Dewan Berlian UiTM Cawangan Selangor. 24 Mei 2018. **Tanoshi Tool - Advisor and Project member**

2017

2. **Gold Award**, Educational Innovation, Creativity and Design Competition (EICD 2017). Faculty of Education, UiTM Puncak Alam. **(Friends and Art) – Advisor and team member**

3. **Gold Award**, Educational Innovation, Creativity and Design Competition (EICD 2017). Faculty of Education, UiTM Puncak Alam. (**Locofitts Card**)- Advisor and team member
4. **Silver Award**, Educational Innovation, Creativity and Design Competition (EICD 2017). Faculty of Education, UiTM Puncak Alam. (**The Jacque War Cup (TJWC)- Training Program (Drilling) for Dodgeball Game- Advisor and team member**
5. **Silver Award**, Educational Innovation, Creativity and Design Competition (EICD 2017). Faculty of Education, UiTM Puncak Alam. (**TGFU Futsal Smash**)- Advisor and team member
6. **Silver Award**, Educational Innovation, Creativity and Design Competition (EICD 2017). Faculty of Education, UiTM Puncak Alam. (**SIP-T**) - Advisor and team member
7. **Bronze Award**, for Invention, Innovation & Design Exposition 2017 (IIDEX 2017). ARTism & Friends: Art Activities for augmenting social skills among autism spectrum disorder kids. Dewan Agung Tuanku Canceled (DATC). 25-29 September 2017. – **Project Leader**
8. **Silver Award** for The International Conference And Competition On Teaching And Learning (i-TeLearN2017). ARTism & Friends: Art Activities for augmenting social skills among autism spectrum disorder kids. – **Project Leader**

2016

1. **Silver Award**, Innovation & Design Exposition (IIDEX) 2016, Research Innovation Business Unit, UiTM. (Hopscotch Mathema)
2. **Gold Award**, 6th Educational Innovation, Creativity & Design Competition (EiCD). Faculty of Education, UiTM Shah Alam. (Magnificent Dam)
3. **Silver Award**, 6th Educational Innovation, Creativity & Design Competition (EiCD). Faculty of Education, UiTM Shah Alam. (Bull's Eye)
4. **Silver Award**, 6th Educational Innovation, Creativity & Design Competition (EiCD). Faculty of Education, UiTM Shah Alam. (Let C Game).
5. **Bronze Award**, 6th Educational Innovation, Creativity & Design Competition (EiCD). Faculty of Education, UiTM Shah Alam (Endless Alphabet).

2015

1. **Bronze Award**, Invention, Innovation & Design Exposition (**IIDEX**), 27-3-April, DATC, UiTM Shah Alam. **FishBets**. Research Innovation Business Unit, Uitm.
2. **Silver Award**, 4th Educational Innovation, Creativity & Design Competition (**EiCD**). Faculty of Education on 15-16th April 2015 at Faculty of Education, UiTM Shah Alam. **FishBets**.

3. **Bronze Award**, 5th Educational Innovation, Creativity & Design Competition (**EiCD**). Faculty of Education on 19th November 2015 at Faculty of Education, UiTM Shah Alam. **Takraw Kids Adventure**
4. **Bronze Award**, 5th Educational Innovation, Creativity & Design Competition (**EiCD**). Faculty of Education on 19th November 2015 at Faculty of Education, UiTM Shah Alam. **Victoria Soccer**
5. **Bronze Award**, 5th Educational Innovation, Creativity & Design Competition (**EiCD**), Faculty of Education on 19th November 2015 at Faculty of Education, UiTM Shah Alam. **Slingun**
6. **Silver Award**, 5th Educational Innovation, Creativity & Design Competition (**EiCD**), Faculty of Education on 19th November 2015 at Faculty of Education, UiTM Shah Alam. **RocHanBo Fit Test**.
7. **Silver Award**, 5th Educational Innovation, Creativity & Design Competition (**EiCD**), Faculty of Education on 19th November 2015 at Faculty of Education, UiTM Shah Alam. **Math Teng-teng**

2014

6. Top 10 Best Innovation Category, 4th Educational Innovation, Creativity & Design Competition 2014 by Faculty of Education on 12th June 2014 at Faculty of Education, UiTM Shah Alam. **SPACE (SafePhysicalAutismCenter Environment)**.

COMMUNITY AND SOCIAL SERVICES

1. Deputy President for Pertubuhan Tindakan Pejuang Wanita Dalam Sosial, Ekonomi, Rumhatangga dan Ilmu (TIANGSERI) – 2019- to date
2. Secretary for **Koperasi Sahabat Berwawasan Berhad** (2015-to date)
3. Ordinary Member for **Women Sport Fitness Foundation Malaysia (WSFFM)** 2010
4. Life member for Pertubuhan Pelindung Khazanah Alam Malaysia (**PEKA**) since 2017
5. Ordinary member for **Persatuan Wanita UiTM (PEWANI)** since 2009
6. Ketua Wanita UMNO, Seksyen 11, Shah Alam (2009-2013)
7. Timbalan Ketua Wanita UMNO, Seksyen 11, Shah Alam (2007-2009)

Researcher 6

A. Identitas Diri

1.	Nama Lengkap (dengan gelar)	Ikhwan Budi L, S.Kom.
2.	ORCID ID	-
3.	SCOPUS ID	-
4.	Jenis Kelamin	L
5.	Jabatan Fungsional	Fungsional Umum
6.	NIP/NIK/Identitas lainnya	197706012010121001
7.	NIDN	-
8.	Tempat dan Tanggal lahir	Kudus, 01 Juni 1977
9.	E-mail	ib.laksono@mail.unnes.ac.id
10.	Nomor Telepon/HP	08561523558
11.	Alamat Kantor	Gedung Dekanat FIK Lt.1, Kampus Unnes, Sekaran, Gunungpati 50299
12.	Nomor Telepon/Faks	024 8508068
13.	Lulusan yang Telah Dihasilkan	-
14.	Mata Kuliah yg Diampu	

B. Riwayat Pendidikan

	S-1	S-2	S-3
Nama Perguruan Tinggi	Universitas Dian Nuswantoro		
Bidang Ilmu	Teknik Informatika		
Tahun Masuk-Lulus	1998 - 2003		
Judul Skripsi/Tesis/Disertasi	Perancangan Perangkat Lunak Penterjemah Bahasa Indonesia ke Bahasa Mandarin		
Nama Pembimbing/Promotor			

C. Penelitian dalam 5 Tahun Terakhir

No	Tahun	Judul Penelitian	Pendanaan	
			Sumber*	Jml (juta Rp)
1.				
2.				
3.				

D. Pengalaman Pengabdian Kepada Masyarakat dalam 5 Tahun Terakhir

No	Tahun	Judul Pengabdian kepada Masyarakat	Pendanaan	
			Sumber*	Jml (juta Rp)
1.				
2.				
3.				

E. Pengalaman Pengabdian Kepada Masyarakat dalam 5 Tahun Terakhir

No	Tahun	Judul Pengabdian kepada Masyarakat	Pendanaan	
			Sumber*	Jml (juta Rp)
1.				
2.				
3.				

F. Publikasi Artikel Ilmiah Dalam Jurnal dalam 5 Tahun Terakhir

No	Judul Artikel Ilmiah	Nama Jurnal	Volume/Nomor/ Tahun
6.			
7.			
8.			

G. Pemakalah Seminar Ilmiah (Oral Presentation) dalam 5 Tahun Terakhir

No	Nama Pertemuan Ilmiah/Seminar	Judul Artikel Ilmiah	Waktu dan Tempat
15.			
16.			
17.			

H. Karya Buku dalam 5 Tahun Terakhir

No	Judul Buku	Tahun	Jumlah Halaman	Penerbit
4.				
5.				
6.				

I. Perolehan HKI dalam 5-10 Tahun Terakhir

No	Judul/Tema HKI	Tahun	Jenis	Nomor P/ID
1.				
2.				
3.				

J. Pengalaman Merumuskan Kebijakan Publik/Rekayasa sosial Lainnya dalam 5 Tahun Terakhir

No	Judul/Tema/Jenis Rekayasa Sosial Lainnya yang Telah Diterapkan	Tahun	Tempat Penerapan	Respon Masyarakat
1.				
2.				
3.				

K. Penghargaan dalam 10 tahun Terakhir (dari Pemerintah, asosiasi atau institusi lainnya)

No	Jenis Penghargaan	Institusi Pemberi Penghargaan	Tahun

Semua data yang saya isikan dan tercantum dalam biodata ini adalah benar dan dapat dipertanggungjawabkan secara hukum. Apabila di kemudian hari ternyata dijumpai ketidaksesuaian dengan kenyataan, saya sanggup menerima sanksi.

Semarang, 25
Maret 2021



Ikhwan Budi L,
S.Kom.

Researcher 7

A. Identitas Diri

1.	Nama Lengkap	Danti Putri Subagyo
2.	Jenis Kelamin	Perempuan
3.	Jabatan Fungsional	Mahasiswa
4.	NIM	6211418021
5.	NIDN	-
6.	Tempat dan Tanggal Lahir	Semarang, 11 September 2000
7.	E-mail	dantiputri.dp@students.unnes.ac.id
8.	Nomor Telepon/HP	089654741751
9.	Alamat	Jl. Plamongan Permai III/432, Pedurungan Kidul, Kota Semarang
10.	Nomor Telepon/Faks	-
11.	Lulusan yang Telah Dihasilkan	-
12.	Mata Kuliah yang Diampu	-

B. Riwayat Pendidikan

	Nama Sekolah	Tahun Lulus
1.	SD N 03 Semarang	2012
2.	SMP N 29 Semarang	2015
3.	SMA Islam Sultan Agung 1 Semarang	2018

C. Penghargaan yang Pernah Diraih Dalam 10 Tahun Terakhir

No.	Jenis Penghargaan	Insitusi Pemberi Penghargaan	Tahun
1.	Juara 2 Pekan Olahraga Pelajar Daerah (POPD) SMA Kota Semarang	Pemerintah Kota Semarang	2016
2.	Kejuaraan Taekwondo PMS Open Jateng dan DIY Juara 3 Poomsae Beregu Putri Junior	Pengprov Jateng	2016
3.	Kejuaraan Taekwondo Se Jawa-Bali & Invitasi Juara 3 Poomsae Beregu Putri Junior	Pengprov Jateng	2017
4.	Kejuaraan Taekwondo Se	Pengprov Jateng	2017

	Jawa-Bali & Invitasi Juara 2 Poomsae Berpasangan Junior Putri		
5.	Juara 2 Poomsae Team Putri Taekwondo Open Tournament Menhan Cup	PB. Taekwondo Indonesia	2017
6.	Kejuaraan Daerah Taekwondo JATENG Juara 1 Beregu Junior Putri	Pengprov Jateng	2017
7.	Kejuaraan Daerah Taekwondo JATENG Juara 1 Berpasangan Junior	Pengprov Jateng	2017
8.	Juara 3 Poomsae Team Junior Male Bandung Taekwondo Internasional Invitation	PB. Taekwondo Indonesia	2017
9.	UNS Taekwondo Championship VI Juara 2 Poomsae Beregu Mahasiswa Putri	UNS	2019

Semua data yang saya isikan dan tercantum dalam biodata ini adalah benar dan dapat dipertanggungjawabkan secara hukum. Apabila dikemudian hari ternyata dijumpai ketidaksesuaian dengan kenyataan, saya sanggup menerima resikonya. Demikian biodata ini saya buat dengan sebenarnya untuk memenuhi salah satu persyaratan dalam pengajuan penelitian.

Semarang, 25 Maret 2021



Danti Putri Subagyo
NIM. 6211418021

Researcher 8

A. Identitas Diri

1	Nama Lengkap	Imam Syihabbudin
2	Jenis Kelamin	Laki – Laki
3	Program Study	Ilmu Keolahragaan
4	NIM	6211418069
5	Tempat dan Tanggal Lahir	Pemalang, 18 Juli 1999
6	Email	Imamsyihabbudin@students.unnes.ac.id
7	Nomer HP	085201037852

B. Kegiatan Kemahasiswaan Yang Pernah/Sedang Diikuti

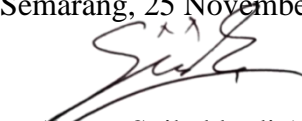
No	Jenis Kegiatan	Status Dalam Kegiatan	Waktu dan Tempat
1	Gladi Mantap Ubaloka Water Rescue Kwarda Jawa Tengah	Peserta	2019, Kota Semarang
2.	Rimuna Daerah Jawa Tengah	Peserta	2020, Kota Semarang
3.	Raimuna Wilayah Binwil Semarang	Peserta	2019, Kota Semarang
4.	Raimuna Cabang dan GWSHM	Peserta	2019, Kota Semarang
5.	Gelar Saka Milenial Jawa Tengah	Peserta	2020, Kota Semarang

C. Penghargaan yang pernah diraih

No	Jenis Penghargaan	Institusi Pemberi Penghargaan	Tahun

Semua data yang saya isikan dan tercantum dalam biodata ini adalah benar dan dapat dipertanggungjawabkan secara hukum. Apabila di kemudian hari ternyata dijumpai ketidaksesuaian dengan kenyataan, saya sanggup menerima sanksi. Demikian biodata ini saya buat dengan sebenarnya untuk memenuhi salah satu persyaratan dalam pengajuan PKM Pengabdian.

Semarang, 25 November 2020


(Imam Syihabbudin)
NIM.6211418069

Researcher 9

A. Identitas Diri

1.	Nama Lengkap	Rahmat Septianto
2.	Jenis Kelamin	Laki-Laki
3.	Jabatan Fungsional	Mahasiswa
4.	NIM	6211420037
5.	NIDN	-
6.	Tempat dan Tanggal Lahir	Pati, 13 September 2001
7.	E-mail	rahmatseptianto13@students.unnes.ac.id
8.	Nomor Telepon/HP	0895370961062
9.	Alamat	Desa Raci RT 02 RW 05, Kecamatan Batangan, Kabupaten Pati, Jawa Tengah
10.	Nomor Telepon/Faks	-
11.	Lulusan yang Telah Dihasilkan	-
12.	Mata Kuliah yang Diampu	-

B. Riwayat Pendidikan

	Nama Sekolah	Tahun Lulus
4.	SDIT Yaummi Fatimah Pati	2014
5.	SMP N 1 Juwana	2017
6.	SMA N 1 Juwana	2020

C. Penghargaan yang Pernah Diraih Dalam 10 Tahun Terakhir

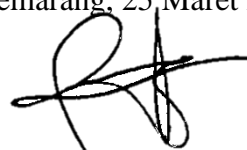
No.	Jenis Penghargaan	Insitusi Pemberi Penghargaan	Tahun
1.	Kejuaraan Taekwondo Pati Taekwondo Championship 2011 Juara 2 Kyorugi	Disbudparpora Pati	2011
2.	Kejuaraan Taekwondo Pati Taekwondo Tournament 2012 Juara 2 Kyorugi	Disbudparpora Pati	2012
3.	Kejuaraan Taekwondo Tri Dharma Kyorugi & Poomsae Competition 2012 Juara 1 Kyorugi	Disbudparpora Pati	2012

4.	Kejuaraan Taekwondo SMANSAPA Cup 2013 Juara 1 Kyorugi	SMA N 1 Pati	2013
5.	Kejuaraan Taekwondo Piala Gubernur 2013 Juara 1 Kyorugi	Dispora Jawa Tengah	2013
6.	Kejuaraan Sepakbolla Bupati Cup Juara 3	Disbudparpora Pati	2013
7.	Kejuaraan Taekwondo Pati Taekwondo Kid's Championship 2013 Juara 1 Kyorugi	Disbudparpora Pati	2013
8.	Kejuaraan Taekwondo Jakarta Taekwondo Festival 10 Juara 1 Kyorugi	Internasional Taekwondo Academy	2014
9.	Kejuaraan Taekwondo Bupati Pati Cup Taekwondo Championship 2014 Juara 1 Kyorugi	Disbudparpora Pati	2014
10.	Kejuaraan Taekwondo POPDA SMP Tingkat Kabupaten Juara 2 Kyorugi	Disbudparpora Pati	2015
11.	Kejuaraan Taekwondo POPDA SMP Tingkat Eks. Karesidenan Juara 2 Kyorugi	Dispora Kudus	2015
12.	Kejuaraan Taekwondo Bali Open International Taekwondo Tournament Juara 3 Kyorugi	Menpora	2015
13.	Kejuaraan Taekwondo Indonesia Youth and Sport Festival Juara 1 Kyorugi	Pusat Pemberdayaan Pemuda dan Olahraga Nasional	2015
14.	Kejuaraan Taekwondo Diponegoro Taekwondo Cup 2015 Juara 3 Kyorugi	UNDIP	2015
15.	Kejuaraan Taekwondo	Disbudparpora Pati	2016

	POPDA SMP Tingkat Kabupaten Juara 3 Kyorugi		
16.	Kejuaraan Taekwondo Taekwondo Bupati Cup 2017 Juara 1 Kyorugi	Dispora Pati	2017
17.	Kejuaraan Taekwondo Indonesia Youth and Sport Juara 1 Kyorugi	Kemenpora	2017
18.	Kejuaraan Taekwondo KAPOLRI CUP 2018 Juara 1 Kyorugi	Kapolri	2018
19.	Kejuaran Bola Tangan Kejurnas U19 Bola Tangan 2018 Juara 2	LSM BINPORA	2018
20.	Kejuaraan Bola Tangan Kejurnas Handball dan Futsal Rektor Cup 2	UNWAHAS	2018
21.	Kejuaraan Bola Tangan 3rd Pati Handball Championship Juara 2	Dinporapar	2019
22.	Kejuaraan Taekwondo KAPOLRI CUP 2 2019 Juara 1 Kyorugi	Kapolri	2019
23.	Kejuaraan Taekwondo Indonesia Asia Taekwondo Hanmadang Championship Juara 2 Kyorugi	Kukkiwon	2019

Semua data yang saya isikan dan tercantum dalam biodata ini adalah benar dan dapat dipertanggungjawabkan secara hukum. Apabila dikemudian hari ternyata dijumpai ketidaksesuaian dengan kenyataan, saya sanggup menerima resikoanya. Demikian biodata ini saya buat dengan sebenarnya untuk memenuhi salah satu persyaratan dalam pengajuan penelitian.

Semarang, 25 Maret 2021



Rahmat Septianto
NIM. 6211420037

Attachment D. Surat pernyataan ketua peneliti.



KEMENTERIAN PENDIDIKAN DAN KEBUDAYAAN
UNIVERSITAS NEGERI SEMARANG
LEMBAGA PENELITIAN DAN PENGABDIAN KEPADA MASYARAKAT
Gedung Prof.Dr. Retno Sriningsih Satmoko (Penelitian dan Pengabdian Masyarakat)
Kampus Sekaran, Gunung Pati Tlp/Faks.(024) 8508089 Semarang 50229
Laman: <http://lp2m.unnes.ac.id> Surel: lp2m@mail.unnes.ac.id

SURAT PERNYATAAN KETUA PENELITI/PENGABDI

Yang bertanda tangan di bawah ini:

Nama : Dr. Setya Rahayu, M.S.

NIDN/NIP : 0010116117/196111101986012001

Jabatan Fungsional : Lektor Kepala

Dengan ini menyatakan bahwa proposal penelitian saya dengan judul:

The Relationship Between Sports Students Exchange Experience and English Learning Motivation of UNNES and UiTM Students yang diusulkan dalam Skema Penelitian Kerjasama LN untuk tahun anggaran 2021 bersifat **original dan belum pernah dibiayai oleh lembaga/sumber dana lain.**

Bilamana di kemudian hari ditemukan ketidaksesuaian dengan persyaratan ini, maka saya bersedia dituntut dan diproses sesuai dengan ketentuan yang berlaku dan mengembalikan seluruh biaya penelitian yang sudah saya terima ke kas negara.

Demikian pernyataan ini dibuat dengan sesungguhnya dan dengan sebenar-benarnya.

Mengetahui,
Ketua LPPM UNNES

Dr. Suwito Eko Pramono, M.Pd.
NIP. 195809201985031003

Semarang, 25 Maret 2021

Yang menyatakan,



Dr. Setya Rahayu, M.S.
NIP. 196111101986012001