

**BUKTI KORESPONDENSI ARTIKEL PADA JURNAL  
INTERNASIONAL BEREPUTASI**

**PENGUSUL: Dr. dr. Mahalul Azam, M.Kes**

**JUDUL ARTIKEL:**

**A Doubled-Blind, Crossover-RCT in T2DM for Evaluating Hypoglycemic effect  
of *P. indicus*, *M. charantia*, *P. vulgaris* and *A. paniculata* in Central Java**

**Publikasi**

Judul : A Doubled-Blind, Crossover-RCT in T2DM for Evaluating Hypoglycemic effect of *P. indicus*, *M. charantia*, *P. vulgaris* and *A. paniculata* in Central Java  
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Tanggal Publikasi : November 2016  
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Penulis : Mahalul Azam, Charles Ong Saerang, Sri Ratna Rahayu, Fitri Indrawati, Irwan Budiono, Arulita Ika Fibriana, Muhammad Azinar, Nur Anna C. Sa'dyah, Erwin Budi Cahyono, Ronny Lesmana

Kepada Yth.  
Tim Penilai Usulan PAK

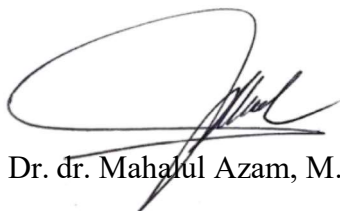
Bersama ini kami sertakan bukti korespondensi dan proses review artikel kami berjudul “A Doubled-Blind, Crossover-RCT in T2DM for Evaluating Hypoglycemic effect of *P. indicus*, *M. charantia*, *P. vulgaris* and *A. paniculata* in Central Java” dipublikasikan di *Jurnal of Natural Remedies* Vol 16 No 3 tahun 2016 bulan November 2016.

#### Resume Kronologi

No	Tanggal	Aktivitas
1	08 Agustus 2016	Artikel Submit di jurnal
2	11 Agustus 2016	Submission dikonfirmasi Editor jurnal
3	18 Agustus 2016	Konfirmasi diterima dengan file ID: 7539 dan dikirim editor ke Reviewer
4	31 Agustus 2016	Permintaan revisi dari Reviewer. Perbaikan grammatical error, perbaikan metode dan menyatakan subjek pria/wanita dengan jelas, pembahasan tentang hasil dari analisis statistik belum diuraikan dengan jelas, perbaikan tata tulis menggunakan gaya selingkung di JNR.
5	06 September 2016	Revisi artikel disubmit ulang oleh peneliti
6	14 September 2016	Permintaan revisi kedua; komentar umum: semua masukan sudah diperbaiki dengan memadai, perbaikan grammatical error masih diperlukan.
7	18 September 2016	Revisi perbaikan kedua artikel disubmit ulang
8	10 Oktober 2016	Artikel diterima (accepted)
9	10 Oktober 2016	Permintaan copy editing oleh editor
10	12 Oktober 2016	Respon perbaikan dan persetujuan copy edit oleh penulis
11	13 Oktober 2016	Final copy edit
12	16 November 2016	Galley format dan publikasi

Demikian atas perhatian Bapak/Ibu, saya mengucapkan terima kasih

Semarang, 28 Juni 2022



Dr. dr. Mahatul Azam, M.Kes

**Lampiran Rinci Kronologi dan Dokumen Email Korespondensi dengan Editor Jurnal terlampir sebagai berikut:**

6/26/22, 7:52 AM

UNNES Mail - [JNR] Submission Acknowledgement



**Mahalul Azam <mahalul.azam@mail.unnes.ac.id>**

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**[JNR] Submission Acknowledgement**

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**Editor** <editor@informaticsglobal.com>

Thu, Aug 11, 2016 at 11:03 PM

To: "Mr. Mahalul Azam" <mahalul.azam@mail.unnes.ac.id>

The following message is being delivered on behalf of Journal of Natural Remedies.

Mr. Mahalul Azam:

Thank you for submitting the manuscript, "A doubled-blind, crossover-RCT in T2DM for evaluating hypoglycemic effect of *P. indicus*, *M. charantia*, *P. vulgaris* and *A. paniculata* in Central Java" to Journal of Natural Remedies. With the online journal management system that we are using, you will be able to track its progress through the editorial process by logging in to the journal web site:

Manuscript URL: <http://www.informaticsjournals.com/index.php/jnr/author/submission/7539> Username: mahalul

Kindly suggest 3 reviewers with their name, affiliation and contact details.

If you have any questions, please contact me. Thank you for considering this journal as a venue for your work.

Editor Journal of Natural Remedies \_\_\_\_\_

\_\_\_\_\_ Journal of Natural Remedies <http://www.informaticsjournals.org/index.php/jnr>

# #7539 Review

[SUMMARY](#) **[REVIEW](#)** [EDITING](#)

## Submission

**Authors** Mahalul Azam, Charles Ong Saerang, Sri Ratna Rahayu, Fitri Indrawati, Irwan Budiono, Arulita Ika Fibriana, Muhammad Azinar, Nur Anna C.

**Authors** Sa'dyah, Erwin Budi Cahyono, Ronny Lesmana 

**Title** A Doubled-Blind, Crossover-RCT in T2DM for Evaluating Hypoglycemic Effect of *P. indicus*, *M. charantia*, *P. vulgaris* and *A. paniculata* in Central Java

**Section** Articles

**Editor** ijeditor 2 

## Peer Review

### Round 1

Review Version [7539-7967-3-RV.DOCX](#) 2016-09-14  
Initiated 2016-08-18  
Last modified 2016-10-05  
Uploaded file Reviewer A [7539-8163-1-RV.DOCX](#) 2016-08-31

## Editor Decision

**Decision** Accept Submission 2016-10-06

**Notify Editor**  Editor/Author Email Record  2016-10-07

**Editor Version** [7539-7996-1-ED.DOCX](#) 2016-08-18  
[7539-7996-2-ED.DOCX](#) 2016-09-14

**Author Version** [7539-8188-1-ED.DOCX](#) 2016-09-06 [DELETE](#)

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**A doubled-blind, crossover-RCT in T2DM for evaluating hypoglycemic effect of *P. indicus*, *M. charantia*, *P. vulgaris* and *A. paniculata* in Central Java**

\*

**Abstract**

This study investigated whether mixture extract of *Pterocarpus indicus*, *Momordica charantia*, *Phaseolus vulgaris* and *Andrographis paniculata* could lowering plasma glucose in Type 2 Diabetes Mellitus (T2DM) patients. Forty-three T2DM patients participated in this positive-controlled, double-blind, and crossover clinical study with administration of either mixture extract (22 mg/kg BW) or glibenclamide 5 mg daily in breakfast time. Treatment of extract or glibenclamide was administered for a month, then medication was changed after a week of washout period and finally combination therapy was administered after wash out period as well. The efficacy of mixture extracts was measured by using fasting plasma glucose (FPG) and two-hour postprandial plasma glucose (PPG). Forty-one subjects completed the study. Data was analyzed using SPSS 19 with *Student's t* test, and  $p < 0.05$  was considered significant. FPG level significantly decreased 16.07 mg/dl after extract, 43.34 mg/dl after glibenclamide and 50.16 mg/dl after combination treatment. Two-hour PPG level decreased 25.88 mg/dl after extract, 66.61 after glibenclamide and 58.93 after combination treatment. We concluded that extract administration could lowering FPG and PPG although not as good as glibenclamide treatment did and combination treatment was the best to lowering FPG.

**Keywords:** anti-diabetic, extract, herbal-medicine, clinical-trial  
Clinical Trial Registry: UMIN000022442 (<http://www.umin.ac.jp/>)

Commented [S1]: Give actual number.  
Commented [S2]: Male or female?

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the study. Overall there were no relevant statistical differences between both groups at baseline (all  $p > 0.05$ ). Standard deviation (SD) of almost clinical characteristics shown in wide range because of subjects recruitment due to limited patients that why could not be determined in more homogenous characteristics. There are no adverse event during the study based on our clinical monitoring include subjective complaint, physical examination, weight loss, liver and renal function parameters and hypoglycemic condition.

Table 1. Clinical characteristics between the groups participating in the study<sup>a,b</sup>

	Group A n=21	Group B n=20	p†	Total n=41
Age (years)	49.81±7.41	49.75±6.97	0.979	49.78±7.11
Sex			0.466††	
male(%)	4(19)	5(25)		9(22)
female(%)	17(81)	15(75)		32(78)
Systolic BP (mmHg)	146.19±24.29	132.00±27.83	0.090	139.27±26.78
Diastolic BP (mmHg)	85.71±12.07	83.50±21.83	0.668	84.63±17.34
Heart Rate (times/minute)	87.52±7.32	84.70±9.60	0.295	86.15±8.53
BMI (kg/m <sup>2</sup> )	26.44±10.45	26.59±4.48	0.951	26.51±8.00
Respiratory Rate (times/minute)	20.57±1.8	21.2±1.88	0.281	20.88±1.85
Random Plasma Glucose (mg/dl)	175.48±12.04	170.30±56.89	0.769	172.79±55.38
HbA1C	9.16±1.73	8.67±1.63	0.289	8.91±1.67
SGPT	18.76±8.23	19.66±10.45	0.754	19.17±9.30
Creatinin	0.75±0.40	1.09±0.39	0.405	0.91±0.38
FPG (mg/dl)	198.22±93.35	184.90±83.59	0.453	196.68±82.67
PPG (mg/dl)	261.24±113.98	244.05±103.04	0.610	254.10±102.92

Commented [S1]: Statistical data analysis are not discussed.

## #7539 Summary

**SUMMARY** REVIEW EDITING


### Submission

**Authors** Mahalul Azam, Charles Ong Saerang, Sri Ratna Rahayu, Fitri Indrawati, Irwan Budiono, Arulita Ika Fibriana, Muhammad Azinar, Nur Anna C. Sa'dyah, Erwin Budi Cahyono, Ronny Lesmana

**Title** A Doubled-Blind, Crossover-RCT in T2DM for Evaluating Hypoglycemic Effect of *P. indicus*, *M. charantia*, *P. vulgaris* and *A. paniculata* in Central Java


**Original file** 7539-7966-1-SM.DOCX 2016-08-11

**Supp. files** None

**Submitter**  Mr. Mahalul Azam

**Date submitted** August 11, 2016 - 04:03 PM

**Section** Articles

**Editor**  ijeditor 2

**Abstract Views** 0

### Author Fees

Item	Price For International Authors	Price For Indian Authors
Article Publication	Paid October 8, 2016 - 02:32 AM	

### Status

**Status** Published Volume 16, Issue 3, July 2016

**Initiated** 2016-11-16

**Last modified** 2016-11-16

### Submission Metadata

#### Authors

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**Country** Indonesia

**Competing interests** —

**Bio Statement** —

Principal contact for editorial correspondence.

**Name**  Charles Ong Saerang

**Organisation**

**Division** Njonja Meneer Research and Development Laboratory

**City** Semarang

**State**

**Zipcode**

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**[JNR] Editor Decision**

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**Editor** <editor2@informaticsglobal.com>  
Reply-To: ijeditor 2 <editor2@informaticsglobal.com>  
To: "Mr. Mahalul Azam" <mahalul.azam@mail.unnes.ac.id>

Fri, Oct 7, 2016 at 8:31 PM

The following message is being delivered on behalf of Journal of Natural Remedies.  
\_\_\_\_\_ Mr. Mahalul Azam:

We have reached a decision regarding your submission to Journal of Natural Remedies, "A doubled-blind, crossover-RCT in T2DM for evaluating hypoglycemic effect of *P. indicus*, *M. charantia*, *P. vulgaris* and *A. paniculata* in Central Java".

Our decision is to: Publish the article in the upcoming issue.

Kindly make the payment to process further with Copy editing.

Follow the steps to make the payment:

1. Login with your Username and Password.
2. Click on the article title.
3. Under Summary page, Author Fees section, choose the payment option:
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ijeditor 2 [editor2@informaticsglobal.com](mailto:editor2@informaticsglobal.com) \_\_\_\_\_ Journal of Natural Remedies <http://www.informaticsjournals.com/index.php/jnr>

Acceptance Letter

Manuscript No. : 7539

Authors: Mahalul Azam, Charles Ong Saerang, Sri Ratna Rahayu, Fitri Indrawati, Irwan Budiono, Arulita Ika Fibriana, Muhammad Azinar, Nur Anna C Sa'dyah, Erwin Budi Cahyono, Ronny Lesmana

Title: A Doubled-blind, Crossover-RCT in T2DM for Evaluating Hypoglycemic Effect of *P. indicus*, *M. charantia*, *P. vulgaris* and *A. paniculata* in Central Java.

Dear Mr. Mahalul Azam:

The Editorial Team of Journal of Natural Remedies (JNR) is pleased to inform you that your manuscript "A Doubled-blind, Crossover-RCT in T2DM for Evaluating Hypoglycemic Effect of *P. indicus*, *M. charantia*, *P. vulgaris* and *A. paniculata* in Central Java" has been accepted. Thank you for making the payment for the same. The article is scheduled to be published in Volume 16, Issue 3, 2016.

Thank you for your submission.

Best Regards,

Editorial Team

Journal of Natural Remedies



## #7539 Editing

SUMMARY REVIEW **EDITING**

### Submission

Authors Mahalul Azam, Charles Ong Saerang, Sri Ratna Rahayu, Fitri Indrawati, Irwan Budiono, Arulita Ika Fibriana, Muhammad Azinar, Nur Anna C.

Authors

Sa'dyah, Erwin Budi Cahyono, Ronny Lesmana

Title

A Doubled-Blind, Crossover-RCT in T2DM for Evaluating Hypoglycemic Effect of *P. indicus*, *M. charantia*, *P. vulgaris* and *A. paniculata* in Central Java

Section

Articles

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### Copyediting

#### COPYEDIT INSTRUCTIONS

Copyeditor shilpa kp

#### REVIEW METADATA

	REQUEST	UNDERWAY	COMPLETE
1. Initial Copyedit	2016-10-10	2016-10-10	2016-10-12
File: 7539-9205-3-CE.DOCX	2016-10-12		
2. Author Copyedit	2016-10-12	2016-10-13	2016-10-13
File: 7539-9225-1-CE.DOCX	2016-10-13		
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3. Final Copyedit	2016-10-13	—	—
File: None			

Copyedit Comments

No Comments

### Layout

Layout Editor k, Subramanya

#### Layout Version

	REQUEST	UNDERWAY	COMPLETE	VIEWS
7539-9218-1-LE.DOCX	2016-10-12	2016-10-12	—	

#### Galley Format

FILE

1. PDF [VIEW PROOF](#) 7539-9504-1-PB.PDF 2016-11-16 0

#### Supplementary Files

FILE

None

Layout Comments

2016-10-14

### Proofreading

Proofreader None

#### REVIEW METADATA

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1. Author	2016-10-14	2016-10-14	2016-10-14
2. Proofreader	—	—	—

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**JNR - 7539 - Willingness to pay Article processing charges**

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Pratibha H &lt;editor2@informaticsglobal.com&gt;

Tue, Aug 16, 2016 at 4:34 PM

To: mahalul.azam@mail.unnes.ac.id

Dear Mr. Mahalul Azam

Thank you for submitting your manuscript 7539 titled "A doubled-blind, crossover-RCT in T2DM for evaluating hypoglycemic effect of *P. indicus*, *M. charantia*, *P. vulgaris* and *A. paniculata* in Central Java" to "Journal of Natural Remedies" (JNR) on Informatics Journals Platform.

Before we proceed further with the manuscript, we would like you to confirm about the "Article Processing Charges" (APC). Please give us your consent if you are ready to make the payment.

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We await your kind response at the earliest.

Best Regards,

Pratibha H.

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